

Sandy Hoag Gazette



111th Fighter Wing

Pa Air National Guard

Willow Grove Air Reserve Station, Pa.

Volume 14 Issue 3

March 2010

111th Medical Group deployment

Pages 8,9

On the cover :
 Staff Sgt. Alex Gamble lowers the United States and Pennsylvania State flags while Senior Airman Thomas Stern salutes. They are members of the 111th Security Forces Squadron.



Photo by Tech. Sgt. Tyrone Mitchell

Correction from February:

The cover photo caption in the February issue of the Sandy Hog Gazette stated, "Staff Sgt. Kyle Kennedy shares a special moment with his son before departing for a six-month deployment." The caption should have read "... shares a moment with his daughter ..."

The newsletter staff apologizes for this error.



Photo by Tech. Sgt. Tyrone Mitchell

Meet our people

Tech. Sgt. Dennis Donahue, 111th Aircraft Maintenance Squadron Aircraft Armament Systems Specialist, overhauls an ammunition drum, which is a major component of the A-10's 30mm gun system.

Sergeant Donahue is from Langhorne, Pa., and has been with the unit for 13 years, and plans to stay employed with the Pa. Air National Guard as long as possible. When he's not here, he enjoys working on cars, exercising and spending time with his family.

*111th Fighter Wing Commander
 Colonel Tony Carrelli*

*Wing Executive Officer
 Major Christine Munch*

*111th Fighter Wing
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The Public Affairs staff can be reached during UTA weekends at (215) 443-1450. For urgent inquiries, contact the 111th FW Wing Executive Officer at (215) 443-1410. Deadlines for submissions to the April issue of the Sandy Hog Gazette is March 15. E-mail articles and photos for consideration to: pa.111fw@ang.af.mil.

Answering the call

By Col. Tony Carrelli
111th Fighter Wing Commander

The two blizzards that we experienced during February drill and the following days combined with earlier snow this year produced the snowiest winter in recorded history for the Philadelphia area. Two 20-inch storms separated only by three days were epic events and a recovery nightmare because of limited space to put the new snow, particularly in the city. Large winds during both storms created hazardous conditions during and long after the actual snowfall was complete.

The first storm brought the region to a standstill, but the 111th Fighter Wing snow team had the Air Force side of the base open and operating. Personnel deemed mission-essential were able to access all of the base's critical areas and maintain a standby status, preparing for a regional emergency. Our Pa. Army Guard tenants had the Pennsylvania Task Force – East (PTF-E) open and operating. We supported them with snow removal, staff support and meal service by a skeleton Force Support Squadron (FSS) crew. The snow density and drifting conditions sometimes exceeded the snow team's physical ability to keep up but they were dedicated, skilled and stuck with a great plan to hit certain areas on schedule to keep critical access routes and areas open.

The base was open with roads and parking areas available the next morning for drill, which was no small feat considering the amount of snow and drifting conditions on Saturday. The Air Force base roads on Sunday morning were easily in better shape than any other roads in the region. The snow team even had the ramp cleared in preparation for airlift aircraft supporting the Medical Group's deployment. Great job by all the mission essential personnel to keep the Wing functional!

Three days later we were hit with Blizzard: Part Two. Conditions were even more severe with

this storm and the governor declared a state of emergency.

Again, the 111th mission-essential personnel sprung into action, maintaining base operations while recalling other members to state active duty to perform community disaster relief. All to-

gether about 50 Guardsmen were recalled to keep the base emergency operations functional, support PTF-E operations, and perform disaster relief in the community. Regional highways were closed, the Navy and local community abandoned snow removal operations for hours because of the extreme conditions but the 111th remained at work and operational. The limited

snow team, members of the 111th FSS and other volunteer personnel worked tirelessly to keep us functional as other Guardsmen fought their way through the harsh conditions to report in for community service.

Again, our critical base areas and roads were certainly in better shape and more accessible than any area within 100 miles of here. Limited services and other volunteers were serving meals round the clock and also preparing To-Go food and water for those deploying out into the community. 111th Logistics Readiness Squadron issued cold weather gear and other needed equipment and a limited staff were conducting recalls and scheduling the activated Guardsmen into shifts.

We did have some issues along the way that we will work so the next event will go smoother, but the bottom line was: great people stepping up to do great things when called. Our strength will always be our people, and it certainly showed over the past week. As always, I remain very impressed by your work but never surprised by your effort. Thanks for serving.



Col. Tony Carrelli

“As always, I remain very impressed by your work but never surprised by your effort.”

Volunteerism

By Chief Master Sgt. Ralph Braden
Pennsylvania Command Chief

So what is volunteerism? I would define volunteerism as the act of serving others.

You can serve others in many ways. You may help an elderly neighbor shovel their driveway after a snow storm. You may give of your time to help a community food bank. Medical or other professionals may share their expertise serving those in need. Each of us is gifted in our own way and has something we can volunteer to share with a fellow human being in need.

Volunteerism is not new to the National Guard. National Guard members have practiced volunteerism by serving our states and nation since 1636. In addition many of us volunteer to work in our communities providing valuable support to our schools, religious organizations, and youth groups. Volunteerism is in the DNA of National Guard members.

Recent events have given me cause to reflect on volunteerism.

As I am writing this article, the country and people of Haiti are still reeling from the earthquake that killed thousands of people and devastated the country's infrastructure. Volunteers and support from around the world have poured into Haiti to support the Haitian people since the earthquake struck January 12. Haiti will require many more volunteers and substantial financial generosity in order to restore basic living conditions.

Closer to home, Pennsylvanians are liter-

ally digging out from the biggest snow storms to hit the Northeast United States in many years. In Western Pennsylvania, the after effects of the storm are still being dealt with days after it began. Pennsylvanians have died as a result of the storm and many households have been without power or heat with temperatures in the single digits.



*Command Chief
Master Sgt. Ralph C. Braden*

What do these two events have in common? The first thing that comes to mind is that our National Guard is working to help those in need in both instances. Our Pennsylvania Guard men and women have volunteered to serve on the ground in Haiti, in the air over Haiti, and on the snow covered Turnpike and other thoroughfares of Pennsylvania. Thank you to all our Pennsylvania National Guard men and women for volunteering to serve those in need.

In addition to serving others through your service in the Pennsylvania Air National Guard, I suggest that you consider performing community service. I think you will find that sharing your natural talents, the skills you have acquired, and your time in serving others will be a rewarding experience. You will find that the impact and benefit of your generosity on those you serve will be immeasurable.

In closing, I have some sad news to share. We lost one of our Pennsylvania Air National Guard family members. Master Sergeant Shawn Kovach passed away suddenly February 3. MSgt Kovach was a Loadmaster with the 193rd Special Operations Wing. Please keep Shawn and his family in your thoughts and prayers.

Safeguarding your home computer

By Chief Master Sgt. Thomas M. Hickey
111th Communications Flight
Cyber Systems Superintendent

In the Air National Guard we are concerned with protecting our military network, but what about our home networks? We all do our Information Protection training each year, but do we use what we learned to protect our information on our home PCs and laptops? How many of us store things such as Social Security Numbers, dates of birth, pictures, tax records, credit card and banking information on our PCs and laptops? Over nine million Americans are victims of identity theft each year.

In the military, information protection is concerned with three main areas: Confidentiality, Integrity and Availability. These same concepts should apply to your home network just as much as they do our military network. You probably wouldn't let a stranger look through your important documents. In the same way, you may want to keep the tasks you perform on your computer confidential, whether it's tracking your investments or sending email messages to family and friends. Also, you should have some assurance that the information you enter into your computer remains intact and is available when you need it. There are some simple steps you can take to protect your home network.

Obviously every home must determine the level of risk they are comfortable in taking when implementing a network. You probably can't plan for every possible security risk, but there are some simple steps to reduce the chance that you'll be affected by the most common threats and some of those steps help with both the intentional and accidental risks you're likely to face.

If you run a home network, someone else has the potential to gain access to your computer from that network. A locally wired network is much more difficult to hack into (versus a wireless) since someone would have to physically attach a device to your network. Simply turning off your computer or disconnecting from the network when not in use can help protect your information.

With a wireless home network, anyone could potentially compromise your network within a certain

range. Many folks setting up wireless home networks rush through the job to get their internet connectivity working as quickly as possible. That's totally understandable; it's also quite risky as numerous security problems can result.

There are people that just drive around to see if they can get into your network (wardriving). One should at a minimum: change the default names and passwords used to login to your wireless router, enable encryption (the higher the standard the better), disable SSID broadcast, and limit the number of users to the number of people you plan on using the network. Some other simple steps home users can take to protect their data and network:

- Use virus protection software (free to all DoD employees)
- Use a firewall
- Don't open unknown email attachments
- Don't run programs of unknown origin
- Keep all applications (including your operating system) patched
- Make regular backups of critical data
- Make a boot disk in case your computer is damaged or compromised
- Use data encryption tools to protect data that you must have stored on your laptop, thumb drives and portable USB drives.

The additional time and the extra steps that you take to protect your information and home network now may save you hours or even days of aggravation later should your personal information becomes compromised. Just as drivers sharing the road must also share responsibility for safety, we must regard computer security as a necessary social responsibility. Take the extra steps and protect your home network.



*Chief Master Sgt.
Thomas Hickey*

Photo by Master Sgt. Pat Cashin

Let it snow

Fighter Wing snow team clears the way

By 2nd Lt. Sean Pearson
111th Fighter Wing Public Affairs

So where were you on drill Saturday in February? While the decision to suspend operations impacts the majority of the base, it means the exact opposite for a select few. Starting Friday afternoon, members of the 111th snow team prepared for what turned out to be a record-breaking week in Philadelphia-area snowfall.

In the Southern Montgomery County area, the snow began Friday evening around dinner time and continued for the better part of 24 hours. All told, the Philadelphia region officially reported 28.5 inches of snowfall, the second largest snow accumulation since records were kept.

What in the past might have taken other units previously responsible for snow removal multiple days to get the flight line and parking ramp to operational status was accomplished by the beginning of Sunday's drill. Twenty-five unit members, mostly from the 201st RED HORSE Squadron (RHS), Det. 1, worked six to ten hour shifts from 9 p.m. Friday through Sunday's drill to clear parking spaces, walkways, the parking ramp and the runway. They used more than a dozen pieces of equipment – including plows, spreaders, dump trucks, a front end loader, and an industrial blower that made the job of clearing the runway significantly more manageable.

Chief Master Sgt. Steve Rossi, 201st RHS, Det. 1, led the clean-up efforts and learned that the two plus feet of drifting snow was not the only logistical nightmare with which they would contend that week. Ensuring that all of the workers had enough food and water to get through the night would go a long way in determining if they could complete the snow removal in time. The snow team started the night with about 20

MREs and three cases of water. Fortunately, they were able to order enough pizza Friday night to feed the early volunteers.

From the 111th FSS, Master Sgt. Richard Eggle, Staff Sgt. Kenneth Singleton, and Senior Airman Amy Saranchuk teamed up with Maj. Dean Mulherin, 111th FSS commander, to help the continuing efforts and traverse the snowy roads in an effort to feed the workers.

As the region took two days to catch its breath, the area was hit with a second major snow storm. Beginning the following Tuesday evening, Philadelphia received another 18 inches of the white stuff, pushing the 2009-2010 totals over six feet and causing the base to close again on Wednesday and Thursday following drill. Again the snow removal team went back to work.

The 111th and the Army National Guard's 56th Stryker Brigade both were activated by order of the governor as part of the Commonwealth's State of Emergency. Learning from the experience over the weekend, the services troops stepped up to provide seven members, including Tech. Sgt. Melissa Neal, 111th FSS, who drove 40 miles during the worst part of the storm to support both Air and Army Guard troops working through the storm with three hot meals each day.

Another snow storm hit the Philadelphia area Feb. 25th, and the wing recalled members for state active duty for the third time that month.

As guardsmen, we must always remember our potential for state active duty in any significant event. Make sure your unit has updated recall information. Anyone interested in becoming a member of the 111th FW Snow Team should contact Chief Rossi at (215) 443-1369 or email stephen.rossi@ang.af.mil.

The 111th Fighter Wing Snow Team:

From left to right: Staff Sgt. Tony Carmona, Chief Master Sgt. Chris Haas, Master Sgt. Jeff Kauffman, Staff Sergeant David Cossaboon, Tech. Sgt. James Tillery, Chief Master Sgt. Steve Rossi, Staff Sgt. Joe Bonamico, Tech. Sgt. Geoffrey Gay, Staff Sgt. Bill Davis, Tech. Sgt. Bob Custer.

Not pictured: Lt. Col. Rich Frat-tarelli, Capt. Lydia Stefanik, Se-nior Master Sgt. John Finchen, Senior Master Sgt. George Jones, Senior Master Sgt. Tom Manzo, Master Sgt. Scott Cline, Master Sgt. John Hoke, Master Sgt. Rob Ipri, Master Sgt. Stu Mann, Staff Sgt. Dan Steenstra, Senior Airman Keith Carroll, Senior Airman Adam Jenkins, Airman 1st Class Daniel Reed, Airman 1st Class Tyler Watson, Mr. Chuck Lilienthal.



Photo by Tech. Sgt. Tyrone Mitchell



Photo by Tech. Sgt. Tyrone Mitchell

Meet our people

Tech. Sgt. Charlotte Baker, 111th Fighter Wing Financial Management Accounting Liason, reviews the unit's prior day financial transactions.

Sergeant Baker is from Wilmington, Del., and has been with the unit for four years. Her love for The Waffle House drives her to eventually own the franchise and retire on an island somewhere, but in the meantime she plans to stay in the military and would like to become the Financial Management Superintendent.

When Sergeant Baker is not here, she likes to restore old furniture and houses. She also enjoys car shows and track racing import cars.

Medical Group completes readiness training with Army brethren in Honolulu

By Tech. Sgt. Elisabeth A. Matulewicz
111th FW Public Affairs

Forty-nine members of the 111th Medical Group, Pa. Air National Guard stationed at Willow Grove Air Reserve Station, completed Readiness Skills Verification (RSV) training in Honolulu, Hawaii, from Feb 8-19. The majority of the guardsmen worked on top of Moanalua Ridge at Tripler Army Medical Center (AMC). The remaining medical personnel worked at Hickam Air Force Base and Schofield Barracks Dental Clinic. Several guardsmen from the 111th Communications Flight, 111th Logistics Readiness Squadron and 111th Fighter Wing provided added support to the Medical Group.

“The primary focus of this mission was to get hands-on clinical training for our 4Ns and nurses as well as applicable training for other sections of the Medical Group,” Lt. Col. John Quinn, 111th Medical Group commander explained.

The medical personnel partnered with active duty counterparts in their job specialty in the following areas: cardiology, hematology/oncology, emergency room, laboratory, operation room, optometry, neonatal ICU, pediatric ICU, progressive care, urology, respiratory, labor and delivery, bioenvironmental, dentistry, medical logistics, admissions and disposition, inpatient records, patient

affairs and flight medicine/aero-vac.

The aerospace medical technicians or “4Ns” were rotated around the various specialty wards to experience the types of cases each specific ward sees. They participated in several blocks of hands-on instruction and practical application that included urine catheters, nasogastric tubes and chest tubes, basic life skills, operating telemetry equipment, casting and splinting limbs.

“My training objectives here were to get more experience in clinical care and possibly qualifying for critical care air transport,” said Lt. Col. Richard Lorraine, 111th MDG chief of clinical services and internist. “We got integrated into the ICU team right away, got a lot of refresher training on intensive care which is something I don’t normally do since I’m an office-based internist.”

Tech. Sgt. Regis Collins, a member of the 171st Medical Group currently an industrial hygienist with the 111th MDG, worked out of Tripler AMC and Hickam. “We were involved in water surveillance by going out to the housing areas and took water samples and analyzed them for bacteria,” Sergeant Collins said.

“I got an overview of critical care transport operations in the Pacific theater,” said Capt. Francis Rella, a clinical care and transport nurse with the 111th MDG. “In the states, we have a critical care air transport team (CCAT). Instead of a CCAT, they have a



Photo by Tech. Sgt. Elisabeth Matulewicz
Army Sergeant Takorie Temmis, Medical Company Bravo, Tripler AMC, shows Tech. Sgt. Webster Brown II and Staff Sgt. Daniel Kashdan how to apply a short arm cast onto Staff Sgt. Andrew Langley, during a casting class held Feb. 12 at Tripler Army Medical Center, in Honolulu, Hawaii. Sergeants Brown, Kashdan and Langley are aerospace medical technicians assigned to the 111th Medical Group, Pa. Air National Guard.



Photo by Tech. Sgt. Elisabeth Matulewicz

Members of the 111th Fighter Wing Medical Group gather in front of Tripler Army Medical Center, Honolulu, Hawaii, for a group photo. The 49 members of the unit completed Readiness Skills Verification from Feb 8-19.

Medical, continued on next page

joint medical air transport team between Navy, Army and Air Force which is unique to this theater of operations but it's what is needed out here."

"Things went very well and we were successful," Lt. Col Quinn concluded. "The training plan Lieutenant Colonel Kathleen Logan and Chief Marian Livesay put together was well thought out. We stuck to the plan; got a number of tasks signed off and what we attested to get accomplished was accomplished."

On the last duty day, Staff Sergeant Belitza Hernandez, Staff Sgt. Monique Munro-Harris, Tech. Sgt. Webster Brown II and Master Sgt. Darlene Groben were awarded coins for their outstanding performance. Master Sgt. Juan Gonzalez, 111th MDG First Sergeant, received a coin for accepting Army Capt. Maurice Hill's challenge of participating and "bringing his game to" Army physical training after duty hours. Lt. Col. Quinn presented a plaque to Army Maj. Bonnie Lowe and Capt. Hill for the outstanding level of support they provided in meeting the unit's training objectives. Maj. Angela McDonough, Maj. Rami Mizrahi and Master Sgt. John Marshall were



Photo by Tech. Sgt. Elisabeth Matulewicz

Master Sgt. Kendra Broscius, Staff Sgt. Andrew Langley, and Tech. Sgt. Jill Winter, aerospace medical technicians with the 111th Medical Group, Pa. Air National Guard, listen to a mannequin's breathing Feb. 9 during a training scenario.

recognized in front of their peers for the plaques they each received from Schofield Barracks Dental Clinic for doing an outstanding job there.

Full story can be found online at www.111fw.ang.af.mil.



Senior Airman Chee Meng Low and Tech. Sgt. Laura Nieves, medical logistics technicians with the 111th Medical Group, Pa. Air National Guard, fulfill a customer's medical supply order Feb. 11 at the Central Materiel Services Division warehouse.



Army Private 1st Class Melinda Solis, Medical Company Alpha, Tripler AMC, and Staff Sgt. Monique Munro-Harris, 111th Medical Group, Pa. Air National Guard, load medical supplies into the PYXIS system Feb. 11. The system tracks medical supplies in the various wards and automatically reorders them from logistics when supplies drop below a desired amount.

Master Sgt. Kendra Broscius, an aerospace medical technician with the 111th Medical Group, Pa. Air National Guard sutures a laceration on a patient's knee during readiness skills verification training in the emergency room.



Deployed security forces troops arrive at Manas

By Staff Sgt. Julie Parker
111th Fighter Wing Public Affairs

Thirty-seven members of the 111th Security Forces Squadron (SFS), who deployed from Willow Grove ARS, Horsham, Pa., in early February, arrived at their duty location to begin their 180-day mission with the 376th Air Expeditionary Wing.

Friends and family gathered to bid farewell to the troops before they were transported by bus to Norfolk, Va. From there, they were flown overseas, and after a one-day delay at Ramstein Air Base, Germany, the group safely arrived at the Transit Center at Manas, Kryrgyzstan.

After initial in processing to the base, the group began official duty. "Humanitarian missions are huge here and greatly promoted by this wing and higher up," said Master Sgt. Paul A. Sparling, 111th SFS currently deployed with the 376th Expeditionary Security Forces Squadron.

This focus has afforded the troops the opportunities to break out of their comfort zones and expand their skill set. According to Sergeant Sparling, in addition to the security forces patrol duties their mission normally entails, the group has also been improving the conditions of the surrounding community. "The security forces have adopted a local village and school and they have provided school supplies, coats and labor in an ongoing effort to

improve relations." He also added that a group of deployed security forces members constructed and installed a new bathroom for the school.

In an environment where different stateside units come together to support a deployed mission, it is important to work as a team. According to Sergeant Sparling, the troops have been integrating very well. "We have good natured trash talk and a high level of camaraderie here," he said.

The 111th SFS members have been deployed less than a week and have already accomplished a lot, but according to

Sergeant Sparling, this is only the beginning. "There are several projects in the works we are going to be able to see through while we are here," he said.



Photo by Senior Airman Nichelle Anderson

376th Expeditionary Security Forces Squadron Airmen stand in formation during the squadron change of command ceremony at the Transit Center at Manas, Kyrgyzstan, Feb. 20.

Saving lives ...

Senior Airman Amber Mehefko triages a young avalanche survivor who was medically evacuated to Craig Joint Theater Hospital at Bagram Airfield, Afghanistan Feb. 9. Dozens of Afghans were taken to Bagram Airfield after avalanches struck a mountain pass in the Parwan Province.

Airman Mehefko is a medical technician from the 111th Medical Group and is currently deployed to the 455th Expeditionary Medical Group.



Photo by Tech. Sgt. Jeromy Cross

MOVING UP MOVING IN MOVING OUT

PROMOTIONS

To Senior Airman

| | |
|-----------------|-----------|
| Scott J. Davis | 111th OSF |
| Andrew B. Gagne | 111th MXS |
| Sean M. Kase | 111th OSF |
| Holly L. Niro | 111th OSF |

To Staff Sgt.

| | |
|------------------|-----------|
| Charles W. Croft | 111th MXS |
|------------------|-----------|

To Tech Sgt.

| | |
|---------------------|------------|
| Frederick C. Brandt | 111th AMXS |
| Keith R. Moyer | 111th AMXS |
| Wesley W. Thompson | 111th MXS |

To Master Sgt.

| | |
|------------------------|-----------|
| Jesse J. Painter | 111th MSG |
| Sherice Sargent-Thomas | 111th FW |

To Major

| | |
|--------------|-----------|
| Rami Mizrahi | 111th MDG |
|--------------|-----------|

ENLISTMENTS

| | |
|----------------------------------|-------------------|
| Senior Airman Artis E. Burke Jr. | 201st RHS, Det. 1 |
| Senior Airman Ryan P. Shaffer | 201st RHS, Det. 1 |
| Airman 1st Class John F. Liebel | 201st RHS, Det. 1 |
| Airman 1st Class Omar G. Collazo | 201st RHS, Det. 1 |

EXTENSIONS

| | |
|---------------------------|-----------|
| Tech Sgt. Patrick Pittman | 111th LRS |
| Staff Sgt. Jessica Noble | 111th MDG |

RE-ENLISTMENTS

| | |
|---------------------------------|------------------|
| Chief Master Sgt. Stephen Rossi | 201st RHS Det. 1 |
| Master Sgt. George Rodriguez | 270th EIS |
| Tech Sgt. Joseph Markawicz | 270th EIS |

RETIREMENTS

| | | |
|------------------------------------|-----------|----------|
| Chief Master Sgt. John L. Fleming | 270th EIS | 34 Years |
| Chief Master Sgt. Josek M. Hreczan | 111th MDG | 40 Years |
| Senior Master Sgt. George A. Jones | 111th LRS | 31 Years |

UTA WORSHIP SCHEDULE

Protestant Service will be held at 8:30 a.m. in Building 320, Room 228. An additional Protestant Service will be held at 10:30 a.m. in Building 203, Room 203.

Catholic Service will be held at 10:00 in Building 203 Auditorium.

The Chaplain's Office is located in Building 203, Room 204-205 on the second floor and can be reached at (215) 443-1534.

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FY 10 UTAs:

6-7 March 2010
 10-11 April 2010
 15-16 May 2010
 5-6 June 2010
 10-11 July 2010
 7-8 August 2010
 11-12 September 2010

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Find out the latest, greatest happenings on YOUR base at the 111th Fighter Wing

Announcement Page:
<https://exchsp1.ang.af.mil/sites/111fw/default.aspx>

Email alerts can be set to notify members immediately, daily or weekly when new announcements are posted.

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TAKE A LOOK!

Photos from unit events are updated and posted on Y: drive at Y:\111fw Shared\Photos

The 111th Fighter Wing welcomes



Elijah Baston

Born Dec. 29 to proud parents
Staff Sergeant Charese Baston,
111th Force Support Squadron,
and husband Solomon.



Jaycee Anna Hewes

Born Feb. 1 to proud parents
Master Sergeant Rebekah Hewes,
111th Medical Group,
and husband Tom.

Statewide News:

View newsletters of our sister units:

193rd Special Operations Wing
"The Scope"

<http://www.193sow.ang.af.mil>

171st Air Refueling Wing
"Tanker Times"

<http://www.171arw.ang.af.mil>

Pa. Guardians Magazine

<http://guardians.aqppublishing.com>

National News:

On Guard Magazine

Published every Jan., April, July, Oct.

<http://www.ngb.army.mil/news/theanguard>

Airman Magazine

Published bi-monthly and now
available online

<http://www.airmanonline.af.mil>

Digital Video & Imagery Distribution
System (DVIDS), DOD News

<http://www.dvidshub.net>

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