

Sandy Hg Gazette

111th Fighter Wing

Pa Air National Guard

Willow Grove Air Reserve Station, Pa.

Volume 14 Issue 8

August 2009

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ON THE COVER:

A-10s from the 111th Fighter Wing, Willow Grove Air Reserve Station perform a three-ship flyby over Independence Hall, Philadelphia, Pa., July 4.

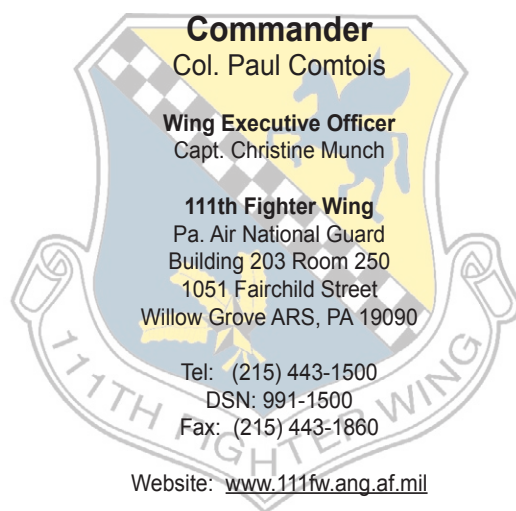
Personnel system to be updated

All unit members' middle names are being updated in the Military Personnel Data Systems, as we begin our preparation to convert to e-records (electronic records).

You may receive other correspondence from other systems that feed off the MilPDS, (e.g. LES) to inform you a name change has been completed in the system.

If you find any discrepancies, please contact:

Tech Sgt. Acevedo at (215) 443-1402, email: talitacumi.acevedo@ang.af.mil or Senior Master Sgt. Scot Baughman at (215) 443-1378, email: scot.baughman@ang.af.mil.



111TH FW MEMBERS

The Sandy Hog Gazette is no longer available in print. To have the Gazette e-mailed directly to you, please send your name and email address to: pa.111fw@ang.af.mil. Please put "Sandy Hog" in the subject line.

RETIREES

You will continue to receive a hardcopy unless you opt for an electronic version.

CONTACT US

The Public Affairs staff can be reached during UTA weekends at (215) 443-1450. For urgent inquiries, contact the 111th FW Wing Executive Officer at (215) 443-1410.

NEWSLETTER SUBMISSIONS

The deadline for submissions to the September issue of the Sandy Hog Gazette is Aug. 15. E-mail articles and photos for consideration to: pa.111fw@pawill.ang.af.mil

ABOUT SANDY HOG GAZETTE

This funded Air Force newspaper is an authorized publication for members of the U.S. military services. Contents of the Sandy Hog Gazette are not necessarily the official views, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Air Force. The editorial content is edited, prepared and provided by the Public Affairs Office of the 111th Fighter Wing.

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'Just do it' ... it works in all aspects of life

By Lt. Col. Bill Griffin
103rd Fighter Squadron Commander

If you just do your job correctly, it all works. Every person in the wing is relied upon to do their job correctly. Unit Manning Documents (UMDs) are built to work but only if you are trained and actually do your job. This concept starts with the Soldier, Sailor, Marine or Airman on the ground with a gun in his hand and goes through every link in the chain and you're one of those links.

Just do your job first then if you have time, help somewhere else you have experience. Just realize you might not be the Subject Matter Expert anymore and AFIs change so be careful with the "help" you provide. Most of the write ups found in any inspection come directly from guidance in an AFI not being followed. Lesson Learned: get in the books.

JUST DO IT. The 111 FW just did it - extremely well, again. The IG inspectors were impressed by the attitudes of our unit members, and rightly so. You should roam confidently knowing you're part of a winning team. Attitude goes a long way - either way, positive or negative, so you may as well have a positive attitude. Positive attitudes paid huge dividends on this last inspection and positive attitudes will take us safely and efficiently to the end of the A-10 mission. As long as we fly even just one jet, we must do the job like we are preparing for combat - lives depend on it. While we will not deploy in combat in the A-10 again, a small number of pilots, maintainers and weapons loaders will deploy to MacDill later this year to spin up Joint Terminal Area Controllers (JTACs) who will. This will require every mem-

ber of the 111 FW to do their job as if the entire squadron was deploying.

We must set the JTACs up to win on the battlefield. Vince Lombardi said "Winning isn't everything. It's the only thing." And he was just talking about a football game. Basics - get back to basics and do them well, and I will assure you success.

We understand the stresses around here. We are all in this together and on the same team, so take care of yourself first and provide mutual support to your teammates. Manage stress - go to the gym, run, swim, but do something to af-

fect a positive means of managing stress. Do something to challenge yourself and go beyond your comfort level - learn a new hobby, skill or sport, but do it smartly and learn from someone fully trained and accredited in the

activity. Be goal oriented but set timelines and goals that are attainable. For whatever reason, we now call the same old stuff by new names and think we're on to something. ORM (Operational Risk Management) used to be called "common sense." Either way, get it and employ it.

So far this article reads like something out of Airman Magazine, so in that spirit I'll continue with "Finish Strong." While I'm not a fan of some of the Air Force's goofy slogans, this one applies, especially as we enter our final year of aviation. The 103rd Fighter Squadron just celebrated its 85th birthday in June. And while the 103rd Observation Squadron has grown into the 103rd Fighter Squadron, our goal is to go out with dignity and the throttles pushed up doing things right. It will take the work of every 111 FW member to make that happen so, in short, JUST DO IT.

***Basics - get back to basics
and do them well, and I will
assure you success.***

— Lt. Col. Bill Griffin

CCM Perspective: *Zero tolerance for sexual assault*

By Command Chief Master Sgt. Ralph Braden
Pennsylvania Command Chief

April of 2009 marked the Department of Defense's fifth observance of National Sexual Assault Awareness Month (SAAM). The Secretary of Defense, Robert Gates, authored a memorandum concerning SAAM in which he stated "This observance was designated to address an important concern in our ranks – the reduction of sexual harassment and assault of service personnel. The Department of Defense has a no-tolerance policy toward sexual assault. This type of act not only does unconscionable harm to the victim; it destabilizes the workplace and threatens national security."

Sexual assault is a topic that is not comfortable for most people to discuss. It is hard to believe that it happens in the ranks of our Air National Guard family. However, it does happen in our ranks and if we do not discuss sexual assault and raise awareness of this crime it will continue to occur.

In many cases of sexual as-

sault the victim blames themselves for the assault. Blaming oneself for being a victim of sexual assault seems to be a common response of a sexual assault victim. If you are a victim of sexual assault be aware of this tendency to blame yourself. Do not accept the blame, report the crime and seek help. Each Wing has a Sexual Assault Response Coordinator (SARC) and one or more Victim Advocates (VAs) who are available to assist victims of sexual assault. They are there to support you and give you options that are available to you.

Sexual assault may be prevented in many cases. Being a good Wingman can prevent your fellow Airman from becoming a victim of sexual assault. It is every Airman's responsibility to prevent sexual



CCMSgt Ralph C. Braden

assault by taking an active role in looking out for the welfare of friends and co-workers.

Pennsylvania National Guard leaders have the responsibility and ability to educate and to encourage our members to be ready and act in situations where people may be in jeopardy. Creating an environment of mutual respect and assistance is a key to prevention.

To report an incident, contact your SARC through the 24/7 PA NG SARC Hotline: 866-922-9275

- 193rd SOW – Maj Sue Stuck
- 111th FW – Capt Christine Munch
- 171st ARW – MSgt Julie McBane
- PAANG SARC – Maj Julie Carpenter

Visit HYPERLINK "<http://www.sapr.mil/>" for information

New Sexual Assault Prevention, Response (SAPR) Web site announced

By Staff Sgt. Steve Grever

Air Force Personnel Center Public Affairs

RANDOLPH AIR FORCE BASE, Texas (AFNS) — To reinforce the Air Force's commitment to eliminating incidents of sexual assault, officials here have debuted a new sexual assault prevention and response Web site to raise awareness and provide prevention training, education and victim advocacy.

"Sexual assault is absolutely inconsistent with our core values and it has no place in our Air Force; in a deployed context, at or anywhere in between," said Secretary of the Air Force Michael B. Donley.

The new SAPR Web site provides prevention and awareness information and recommendations that may prove useful in reducing and eliminating sexual assaults in the Air Force, said Lawna Swellander, the Air Force's sexual assault prevention and response operations chief.

"Eventually, the Web site will contain informational video spots that highlight ways in which members can intervene as bystanders to help others from becoming victims of sexual assault," Mrs. Swellander said. "However, the primary focus of our new website is to serve as a resource for anyone who is interested in learning more about what the Air Force is doing to combat sexual assault and provide comprehensive listings of available resources."

The Web site contains a range of material, including definitions and policy, general information to victims and the public, and discusses the availability of medical treatment, advocacy, and referral services with contact lists for the proper agencies that provide critical services.

The site will also include contacts for local sexual assault response coordinators and links to military and civilian organizations like the Department of Defense SAPR Program and Military OneSource. It will also contain current policies and Air Force Instructions as well as photos, news articles, and public service announcements.

The Air Force SAPR Program is focusing their

efforts on the primary levels of prevention that work to stop sexual assaults before they occur.

"The key to prevention is for all Airmen to be engaged and committed to stopping these crimes before they occur by intervening when they witness situations or circumstances that lead to sexual assault," said Carl Buchanan, Air Force SAPR program manager.

While prevention has been included in the formal Air Force SAPR Program since it began in 2005, Mr. Buchanan said the new initiative concentrates extensively on educating Airmen and caring for victims of sexual assault.

"To shift to a full-scale prevention approach requires consistent and continuing education and training. It also requires emphasizing standards and values by leadership as well as a consistent, visible support for victims. Deterrence and holding perpetrators accountable is represented by our well-trained investigators, prosecutors, and commanders," he said.

From the launch of the official Air Force SAPR Program, Air Force leadership has dedicated full-time resources for SARCs, enhanced collaboration between first-responder communities, developed career-stream learning, continued partnerships with civilian subject matter experts, and released supportive campaign messaging to enhance the well being of all Airmen.

"The United States Air Force does not tolerate sexual assault," said Gen. Norton Schwartz, the Air Force chief of staff. "Sexual assault is criminal conduct that falls well short of the standards America expects of its men and women in uniform. The Air Force is dedicated to eliminating sexual assault by fostering a culture of prevention, providing education and training, response capability, victim support, reporting procedures, and accountability that enhances the safety and well-being of all its members."

For more information, visit the new SAPR Web site at [HYPERLINK "http://www.afpc.randolph.af.mil/library/sapr"](http://www.afpc.randolph.af.mil/library/sapr) or call the Air Force SAPR Program Office at 210-565-4448.

Family Readiness to host Wing Family Day

The Family Readiness Group will host a family day on Saturday, Oct. 3 in the area around Building 203. This year's theme is "Carnival Fun." Bring your family along for a fun filled day of music, arts and crafts, inflatable moon bounce and slide, special guests, concessions, Apron Lady, games, football toss, A-10 static display, classic car show, Winding Road Ladies Motorcycle Club, Patriot Guard Group, Health Fair with free blood pressure screening, Chinese Auction, bake sale and other surprise attractions. Lunch will be served from 10:30 a.m. to 1 p.m. Learn about your entitle-

"... The mission of the Family Readiness Group is to provide a network of support and encouragement for our families and Airmen, as well as a lot of

—Jean Moretti, Wing Family Program Coordinator

Anheuser-Busch Free Admission Program

Complimentary admission for active duty military representing all service branches, active members of a reserve or National Guard unit, and/or up to three direct dependants.

- * Offer valid through Dec. 31 for one complimentary single-day admission per person, per year, to one of the following Anheuser-Busch Adventure Parks:
 - o SeaWorld Orlando, San Diego, or San Antonio
 - o Busch Gardens Tampa Bay or Williamsburg
 - o Sesame Place

Try your luck ...

Contact the Family Readiness Group during each month's UTA for a chance to win one of the following items by donating \$1.00 or 6 for a \$5.00:

- * 35 X 45 framed picture donated by an art gallery - value \$400.00;
- * a large handmade quilt with pole (to use as a wall decoration) value \$250.00,
- * a Limited Edition Longaberger basket filled with first edition beanie babies - value \$350



Photo by Master Sgt. Brian Zarilla

You're out!

(Left) Airman 1st Class Holly Niro, 111th Operations Support Flight, tags Master Sgt. Greg Greis, 111th Communications Flight, during the Summer Fun Day softball game, held here July 15.

Following the Unit Compliance Inspections conclusion, members of the 111th Fighter Wing took the opportunity to get together and relax.

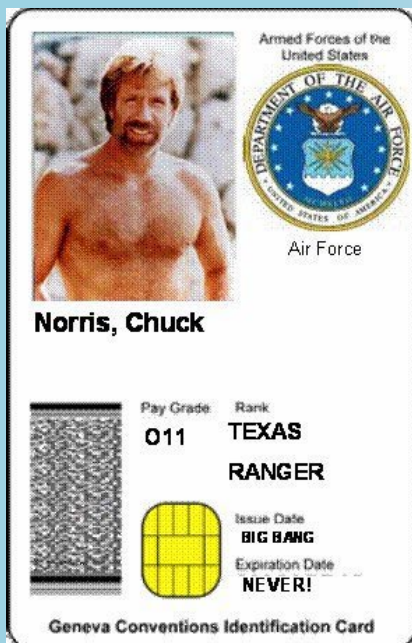
Early TRICARE Benefits

By Chief Master Sgt. Alice E. Jenkins
111th Force Support Squadron Superintendent



Members and eligible family members are eligible for TRICARE benefits if the member is projected to be placed on active duty for 31 days or more. The orders must be in support of one of the three contingency operations (Operation IRAQI FREEDOM, NOBLE EAGLE OR ENDURING FREEDOM). Medical or dental benefits begin the date the orders were issued or 90 days before reporting to active duty-whichever is the later date. (This is the "early" TRICARE benefit rule.) Each member is responsible to ensure their dependents are entered into Defense Enrollment Eligibility Reporting System (DEERS). Members and family members should not make any medical or dental appointments until the system has received automatic updates showing eligibility. Members may validate their eligibility period on the secure Guard and Reserve Portal Website HYPERLINK "<https://www.dmdc.osd.mil/appj/esgr/index.jsp>." Member's records cannot be updated manually in DEERS to begin coverage sooner than the system updates. If the orders are cancelled prior to the member reporting for active duty, TRICARE coverage terminates on the effective date the orders are cancelled.

For more information, please see any Personnel staff member or visit the TRICARE website at <http://www.tricare.mil>."



*Chuck says,
 "Don't
 forget your
 CAC!"*

111th members participate in national exercise

By Staff. Sgt. Gordon Beecroft
111th Fighter Wing Public Affairs

Members of the 111th Fighter Wing PA/VI Office, as well as members from various other state, local and military organizations recently participated in Ardent Sentry & Vigilant Guard 2009 (AS09) in Iowa and Kansas, where simulated national disasters, train wrecks and livestock disease outbreaks occurred.

AS09 is a seven-day, multi-state, multi-site, unclassified national exercise, which includes a series of training exercises designed to enhance operational relationships within FEMA Region VII and identify doctrinal gaps and deficiencies which may exist between civilian and military response organizations, National Guard Leadership, and the Joint Staffs of participating states. These exercises were carried out through natural disaster, train derailment, livestock disease outbreak, and Anthrax attack scenarios. State and local agencies from Iowa and Kansas, National Guard units from Iowa and Kansas, the American Red Cross, and other organizations participated by responding to these events in a real-world manner.

Tech Sgt. Tyrone Mitchell, Staff Sgt. Harold Jackson III and I teamed up with various Public Affairs personnel from around the nation to collect and distribute news information for World News Network (WNN), a synthetic U.S. News outlet created for this exercise. The synthetic media teams produced video and print media products covering every aspect of the exercise, multiple times a day, and uploaded the products to the World News Network for all participants to see as if they were reading and watching real-world news.

Sergeant Mitchell and Sergeant Jackson formed a video team to record video content driven by the scenario and training objectives during exercise play. The video team collected B-Roll footage of various exercise elements, interviews of senior leadership, and clips of actual participants responding to the disasters and attacks. The teams video footage provided an accurate, first hand, and news worthy account of the simulated events for all participants to see on the WNN web-portal.

"This exercise was unlike the National Level Exercise that we participated in last year in Washington, D.C.," said Sergeant Mitchell. "There were more media packages that needed to be put together in a shorter time frame. It was a great experience and I look forward to supporting



By Staff. Sgt. Gordon Beecroft

Tech. Sgt. Tyrone Mitchell and Staff Sgt. Harold Jackson performing the duties of the World News Network (WNN) video field team in support of NORAD-US Northern Command Joint Training and Exercises, Ardent Sentry and Vigilant Guard 2009.

NORTHCOM in a future exercise."

Mr. Pino, simulation director of NORAD-NORTHCOM Joint Training and Exercise, said the WNN and the Joint Public Affairs Support Element (JPASE) support was the best ever. WNN gave kudos to the field teams for the quality of the clips that were sent forward during the exercise. These were the best seen to date.

Print media covering the exercise were generated by interviews with senior military leadership, state and local government representatives, as well as press releases. My task was to create news stories focused on the exercise scenarios.

Our news teams interviewed first responders, such as Public Information Officers of the local and state police departments, state officials, as well as senior military leadership within in the Iowa and Kansas National Guard. Public Affairs Officers from Kansas and Iowa provided us with press releases including up-to-the-minute information updates for each scenario. Together, the press releases and interviews aided in generating our stories.

Ardent Sentry 2009 proved to be a valuable learning experience for all participants. Our roles as Radio and Television Broadcasters, and Public Affairs Journalists proved to be vital by teaching state, county, and military representatives how to properly interact with and disseminate information to real-world news media. In an era when news media report immediately to such incidents of natural disasters and terrorist attacks, responding in a timely and truthful manner is a necessary tool to be used by state, local, and military agencies.

Public Affairs captures, conveys guard story from Patriot Exercise 09

By Tech. Sgt. Elisabeth Matulewicz,
111th FW Public Affairs

A four-member team from the 111th Fighter Wing PA/VI office, consisting of two journalists, a photographer and a videographer, deployed to Volk Field, Wis. from 17-24 July to support Patriot Exercise 2009. Patriot is a large scale exercise of approx. 1,200 people from the US Army and Air National Guard and coalition forces training here in a joint environment.

We joined up with eight other talented PA professionals from Arkansas, Tennessee, New York, and Wisconsin and hit the ground running and supported only the second week of the exercise. Our mission was to create news and video stories and document all of the goings-on that week. We worked with other PA personnel and gain a lot of knowledge in photo and video shooting, editing and imagery enhancement software and nonlinear video editing techniques. We conducted on-air interviews similar to how news media outlets work in the field.

We documented, wrote print and created video stories about a variety of training missions including aero-medical evacuation missions with Canadian, Dutch and US EMEDS supported by Black Hawk helicopters that landed right outside of our building. We also covered

the following functions: engineering installation, combat search and rescue, forward operating base support, and theater deployable communication packages.

Our journalists wrote print stories about a terrorist exercise, a public health team from the 711th Human Performance Wing United States Air Force School of Aerospace Medicine, and the satellite communications package about the 280th Combat Communications Squadron from Dothan Regional Airport, Ala., participating in an operational readiness inspection and supporting the exercise.

Our photographs, video footage and print stories were forwarded and appeared on the National Guard Bureau, Defense Imagery Management Operations Center, Pentagon Channel, and Patriot Exercise websites.

A highlight came the first night we first arrived when Master Sgt. Patrick Cashin was taken up by a Black Hawk helicopter and gained a bird's eye view of the local area. On our one day off, we ventured out and visited the Wisconsin Dells where we splashed in Mt. Olympus, a nearby indoor/outdoor water park, rode go-carts and visited a railroad museum.

Most of the time it was cloudy, unseasonably cool with temperatures from 60' to upper 70s, which meant we did not have to worry much about insects.



(Left photo) U.S. Air Force Tech. Sgt. Ben Caliboso, 349th Medical Group from Travis Air Force Base, Calif., secures simulated casualties in an ambulance during the exercise Patriot 2009 at Volk Field Air National Guard Base, Wis., July 19.



Senior Airman Thomas Grimes, a videographer with the 111th Fighter Wing, documents a Virginia Army National Guard UH-60 Black Hawk helicopter landing.



(Left photo) Master Sgt. Patrick Cashin, a photographer with the 111th FW, is pelted with dirt while attempting to document the exercise.

Photo by Master Sgt. Pat Cashin

Photos by Staff Sgt. Jeremy Wilson

Gratitude, that's what it's all about ...

**By Chief Master Sgt. Alice E. Jenkins
111th Force Support Squadron Superintendent**

It was such blessings to have so many people take time out of their busy lives to be a part of the promotion ceremony of Chief Harley Delp, Chief Thomas Hickey and little ole me, Chief Alice Jenkins. We must all remember the accomplishments in our lives are not reached by our own single acts. Each person we encounter plays a part in our lives. I thank everyone that came out and those that provided moral and spiritual support past and present. I still feel like I am in a dream wearing the rank of Chief Master Sergeant.

What advice can I pass on? Enjoy your job and what you do...it makes the work easier. There will be challenges and it will not always be fun; however those times makes you stronger. Without chal-

lenges, there is no growth. Randy Pausch's book "The Last Lecture" has a chapter titled "I'm on My Honeymoon, But If you Need Me." He says "You can always change your plan, but only if you have one". My plan twenty two years ago was to join the military. Yes, that was the only plan in my mind at the time. As time went on, the plan was to provide the best customer service I could and learn as much in my career field that was possible to inhale.

A. J. Cronin states "But always, if we have faith, a door will open for us, not perhaps one that we ourselves would ever have thought of, but one that will ultimately prove good for us". Another word of advice-follow the open door and be patient. That open door may provide you with knowledge you will not gain anywhere else. Be patient while you gain that knowledge. The time you spend in patient mode can make you a wise person.



Senior Master Sgt. Alice E. Jenkins (top left), 111th Force Support Squadron Superintendent, Senior Master Sgt. Harley B. Delp (top), 111th Communications Flight Plans and Resources Superintendent, and Senior Master Sgt. Thomas M. Hickey (left), 111th Communications Operations Flight Chief, were promoted to the rank of chief master sergeant July 12 in the presence of family members, congregants, senior leadership and peers.

Photos by Tech Sgt. Alvin Farrow

PROMOTIONS

To Senior Airman

John Tangradi 111th MXS

To Staff Sgt

Roger Vansise 111th SFS

To Tech Sgt

Randy Barlip 201st RHS, Det 1
Earl Scott 111th LRS

To Master Sgt

James Gallagher 111th FW
TSgt Robert Peifer 270th EIS

To Senior Master Sgt

Anthony Miller 111th AMXS
Maureen Santanello 111th MDG

To Chief Master Sgt

Harley Delp 111th CF
Thomas Hickey 111th CF
Alice Jenkins 111th FSS

ENLISTMENTS

SrA Curt Bennett 201st RHS, Det 1
A1C Christopher Breig 201st RHS, Det 1
A1C Zachery Ellingsworth 201st RHS, Det 1
A1C Tyrone Sanders 201st RHS, Det 1
A1C Rafeeq Strickland 201st RHS, Det 1
A1C Anthony Toribio 201st RHS, Det 1

RETIREMENTS

Lt Col Mark Landis 111th FW, 28 Years
MSgt Mark Armstrong 201st RHS, Det. 1, 32 Years
MSgt Duane Wuorinen 111th FW, 30 Years

UTA WORSHIP SCHEDULE

Protestant Service will be held at 8:30 a.m. in Building 320, Room 228. An additional Protestant Service will be held at 10:30 a.m. in Building 203, Room 203.

Catholic Service will be held at 10:00 in Building 203 Auditorium.

The Chaplain's Office is located in Building 203, Room 204-205 on the second floor and can be reached at (215) 443-1534.

FY 09/FY 10 UTAs:

1-2 August 2009
19-20 September 2009
3-4 October 2009
7-8 November 2009
5-6 December 2009
9-10 January 2010
6-7 February 2010
6-7 March 2010
10-11 April 2010
15-16 May 2010
5-6 July 2010
10-11 July 2010
7-8 August 2010
11-12 September 2010

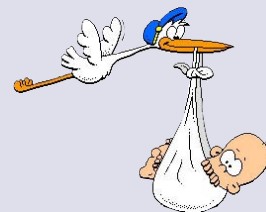
TAKE A LOOK!

Photos from unit events are updated and posted on Y: drive.

NAS JRB Willow Grove
Information, Tickets & Tours
Office located in Bldg. 2
(215) 443-6082

.....
Tues, Thurs, Fri
8:30 a.m. - 4:30 p.m.
Wed & Sat 8:30 a.m. - 2:00 p.m.





Congratulations!

The 111th Fighter Wing
would like
to welcome its newest
member,
Brianna Danielle Shick
Born June 15, 2009

She is the daughter of
Captain Aaron Shick,
111th MXS

Statewide News:

View newsletters of our sister units:

193rd Special Operations Wing
"The Scope"

<http://www.193sow.ang.af.mil>

171st Air Refueling Wing
"Tanker Times"

<http://www.171arw.ang.af.mil>

Pa. Guardians Magazine

<http://guardians.aqppublishing.com>

National News:

On Guard Magazine

Published every Jan., April, July, Oct.

<http://www.ngb.army.mil/news/theonguard>

Airman Magazine

Published bi-monthly and now
available online

<http://www.airmanonline.af.mil>

**PENNSYLVANIA AIR NATIONAL GUARD
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