

Sandy Hog Gazette

111th Fighter Wing Willow Grove Air Reserve Station Pa Air National Guard
Volume 14 Issue 12 December 2010



111th Medical Group training classroom dedicated to Chief Palan See page 5

Upcoming Events for the Wing

Sat. Mar. 5, 2011	Annual Retirement Ceremony	(HQ Auditorium Bldg. 203)
Sun. Apr. 3, 2011	Hometown Heroes Salute Awards Ceremony and Family Day	(Location TBD)
Sun. Jun. 5, 2011	Sports Day	(various on base locations)



Meet the Member

Staff Sgt. Shaun Monahan issues vehicle decals to a customer.

Sergeant Monahan is a desk sergeant with the 111th Security Forces Squadron.

In his civilian job, he is an emergency medical technician, or EMT. His long term goals are to become a physician assistant and receive a commission.

In his spare time, he enjoys flying remote operated airplanes. He's fascinated by anything that flies.

Photo by Tech. Sgt. Marie Harmon

111th Fighter Wing Commander Colonel Tony Carrelli

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Lieutenant Tim McManus*

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The Public Affairs staff can be reached during UTA weekends at (215) 443-1450. For urgent inquiries, contact the 111th FW Wing Executive Officer at (215) 443-1410.

Deadlines for submissions to the January issue of the Sandy Hog Gazette is Dec. 15. E-mail articles and photos for consideration to: pa.111fw@ang.af.mil.

Prepare yourself

By Lt. Col. Mike Day
111th Logistics Readiness Squadron

Even though our A-10s are gone, there are still numerous opportunities to deploy overseas in support of contingency operations. Each of our squadrons has had members deploy overseas in the last year and our deployment operations tempo remains very high. I continually receive e-mails requesting volunteers for overseas deployments. Every job function, from crew chiefs to supply personnel to third country national (TCN) escorts, is continuously being solicited from the Air National Guard field. Currently, the Logistics Readiness Squadron is preparing to deploy 10 personnel over to Kuwait in the next three months. The tours range from 60 to 179 days although six 6 month tours seem to be becoming the norm. Although we are seeing less and less mobilizations and these deployments are predominantly voluntary, all of us need to be prepared to deploy at all times.

Our business is to "train to fight" and in order to maintain our preparedness, we must take every opportunity to complete required training in a timely manner. With the end of the AEF cycles and the institution of TEMPO Banding, higher headquarters has finally reorganized ancillary training to be more manageable. They have instituted a tiered training system that ranges from the annual administrative requirements, required by all, up to highly specialized war fighting requirements required by deploying personnel in specific positions. The mass Total Force Awareness Training (TFAT) briefings we give quarterly in the auditorium take care of those pesky annual administrative training requirements. Only those personnel identified as deploying will complete the next level (tier) of training and if identified in the line remarks for a deploying position the member will complete the specialized war fighting training which takes place at specialized training locations such as Creech Air Force Base in Nevada.

Every Airman's job is to ensure they complete the annual training requirements (attend the mass TFAT briefing when your unit is scheduled) and keep your personal affairs in order. If you are a single parent or married to another military member, you are required to have a dependent care program identified. You should have all your banking accounts, credit card information, will, and other miscellaneous items up to date and available for your significant other. If deploying, it is recommended that you get a limited power of attorney

completed for your significant other to ensure required business can be taken care of in your absence. You may have noticed I stated limited power of attorney vice full; the JAG will explain the implications of both when you execute one. Your Unit Deployment Manager (UDM) and Commander



Lt. Col. Mike Day

can assist you with keeping your affairs up to date and in order. The tool that we use to maintain preparedness is the Personnel Readiness Folder (PRF) most commonly referred to as your mobility folder. You should be reviewing this on an annual basis to ensure it is up to date. If you haven't seen your PRF in over a year or don't know what it is, you need to see your UDM.

Our job as members of the Air National Guard is to augment the active duty forces whenever and wherever required. We must be constantly prepared for deployment. Deployments can be one of the most stressful times in your life but they can also be one of the most rewarding experiences of your life too. To minimize the stress factor, take care of the requirements I have outlined above and ensure your personal affairs remain in order. No one is going to do these things for you; you must ensure they are completed. Remember, to ensure you remain a valuable asset to the Air National Guard and the Air Force prepare yourself.

The State Command Chief's Perspective
can be found on the 111th FW public website:

**[www.111fw.ang.af.mil/
pastatecommandchief.asp](http://www.111fw.ang.af.mil/pastatecommandchief.asp)**

and on the 111th FW Air Force Portal page
under "Other Leader Messages."

**This month's topic:
Change is in the air**

Holiday season precautions

**By Chief Master Sgt. James Finn
111th Security Forces Squadron**

On behalf of the 111th Fighter Wing Chief's Council, I would like to wish everyone a very Merry Christmas and a Happy New Year. As you take to the roads this holiday season, be sure to take extra precautions, as increased traffic volume and frantic shoppers make driving even more dangerous than usual. As always, don't drink and drive and be sure to wear your seatbelt.

With the holidays fast approaching, it is that time of year to look at your vehicle's Department of Defense (DoD) stickers to see if they are about to expire. If so, the Pass and Identification Section is located in Building 219. Their hours are Monday through Friday from 7 a.m. until 3 p.m. The office is closed every other Monday and on holidays.

On another note, identity theft is on the rise. It is very important that you do not give your Social Security Number, bank account numbers, or other personal information to someone over the phone or by email. There are many scams out there that prey on unsuspecting individuals, particularly the elderly.

As credit card usage increases during the holiday shopping season, so too does the chance that someone will try to steal your information. Be sure to keep track of your spending and check your account information regularly to ensure there are no unexplained expenditures. If you suspect that you are a victim of identity theft, first and foremost contact your local Police Department. Notify your bank, credit card companies then the three Credit Bureaus:

Equifax:	(800) 525-6285
Experian (formerly TRW):	(888) 397-3742
Trans Union:	(800) 680-7289

You should also contact the Social Security Administration Fraud Line at (800) 269-0271.

The Credit Bureaus can put a watch notice on all your credit cards for anything out of the ordinary. The same should be done if you lose your wallet or purse.

Most of us carry our driver's license and credit cards on us every time we leave our home. But how many of us have our driver's license number memorized or written down so if we ever had to report it missing, the information is available to us? Should you misplace your license, here is the web site for getting the process started for replacing it in the State of Pennsylvania: [www.dot33.state.pa.us/centers/replacement-](http://www.dot33.state.pa.us/centers/replacement-center.shtml)

center.shtml

It will guide you through the necessary steps to getting a replacement license. Also, it will help to speed the process of replacing your license by having the driver's license number available. Otherwise, the Department of Transportation will have to do some research to find your number which can cause some delay in getting a replacement. Do not ever think: "This won't happen to me." Statistics show that thousands of people each year fall prey to con artists and you could be next.

Here are some simple ways to protect you:

1. Shred old bills that have your account information on them.
2. Keep your personal documents under lock and key and never leave them out in the open.
3. Lock your car when you get out. How many of us have car repair bills in the glove box?
4. Lock your doors when not at home. Make sure you lock your windows in all of the rooms in your home. If you have an alarm, use it.
5. Check your banking and credit card statements regularly. Make sure the transactions are your own. If something does not look right, question it.
6. When using your credit card online, make sure you are using a "Trusted Source."

Always be aware and suspicious of anyone, especially telemarketers, calling your home or cell phone at anytime day or night asking for personal information. Do not give them any of your personal information. Trust your instincts or gut feelings. If it seems too good to be true, it is.



**Chief Master Sgt.
James Finn**

111th Medical Group training classroom dedicated to Chief Palan



Over 200 friends and family of Chief Kurt Palan gathered together as the 111th Medical group dedicated their medical classroom in his honor.

Photos by Master Sgt. Patrick Cashin and Tech. Sgt. Alvin Farrow.



Lt. Col. John Quinn, 111th Medical Group Commander, presents Chief Palan's widow Patricia Palan with a token of appreciation for the many years of service performed by Chief Palan.



An overview of the Medical Training Classroom.

Photo by Tech. Sgt. Marie Harmon

Photo by Tech. Sgt. Marie Harmon



The wall plaque reads:

Chief Master Sgt. Kurt M. Palan, Medical Training Classroom, Dedicated 6 November 2010.

Chief Master Sgt. Kurt M. Palan served as Health Services Manager for the 111th Medical Group from 1997 to 2003 and served in Operation Desert Storm and Operation Southern Watch.

An outstanding leader, educator, and friend to all, Chief

Palan's vast knowledge of medical operations and tireless efforts ensured that 111th Medical Group personnel were always fully trained and ready to deploy.

Chief Palan epitomized the core values of the Air Force; integrity, service before self, and excellence in all we do.

This classroom is dedicated to his mentoring spirit and 26 years of outstanding service to the Pennsylvania Air National Guard.

Holiday Message



24 November 2010



To all members of the Pennsylvania National Guard and employees of the Department of Military & Veterans Affairs,

My wife, Susan, and I wish you and your Families the very best for Thanksgiving and this entire Holiday Season. I very much appreciate all that you do to ensure our organization continues to provide outstanding service to the citizens of the Commonwealth and our great nation, which has been our tradition for hundreds of years. You, collectively, form a great team with incredible capability. Take interest in those you serve with, and continue to help each other tackle the challenges we face - both professionally and personally. Best wishes for a safe and enjoyable Holiday Season!

Sincerely,

Stephen M. Sischo
Major General, PaANG
Acting Adjutant General

Nomination season opens for 2011 Secretary of Defense Employer Support Freedom Award

The Secretary of Defense Employer Support Freedom Award is the highest recognition given by the U.S. Government to employers for their support of their employees who serve in the Guard and Reserve. Nominations must come from a Guard or Reserve member who is employed by the organization they are nominating, or from a family member. The award was created to publicly recognize employers who provide exceptional support to their Guard and Reserve employees. It is the highest in a series of employer recognition awards given by the Department of Defense.

Almost one-half of the U.S. military is comprised of the Guard and Reserve. The Department of Defense shares these citizen warriors with their civilian employers, many of whom provide significant support to their employees who serve in the Guard and Reserve. This award recognizes employers who provide the most outstanding support for their Guard and Reserve employees and is presented annually by the Secretary of Defense. For more information, contact your local ESGR representative at: (215) 443-1881.

To nominate your employer, visit: <https://esgr.csd.disa.mil/fa/>



A Season for Sharing in Fire Safety

A Factsheet on Holiday Fire Prevention

Each year fires occurring during the holiday season claim the lives of over 400 Americans, injure 1,650 more, and cause over \$990 million in damage.

According to the U. S. Fire Administration (USFA), there are simple life-saving steps you can take to ensure a safe and happy holiday. By following some of the outlined precautionary tips, individuals can greatly reduce their chances of becoming a holiday fire casualty.

PREVENTING CHRISTMAS TREE FIRES

Special fire safety precautions need to be taken when keeping a live tree in the house. A burning tree can rapidly fill a room with fire and deadly gases.

SELECTING A TREE FOR THE HOLIDAY

Needles on fresh trees should be green and hard to pull back from the branches, and the needle should not break if the tree has been freshly cut. The trunk should be sticky to the touch. Old trees can be identified by bouncing the tree trunk on the ground. If many needles fall off, the tree has been cut too long, has probably dried out, and is a fire hazard.

CARING FOR YOUR TREE

Do not place your tree close to a heat source, including a fireplace or heat vent. The heat will dry out the tree, causing it to be more easily ignited by heat, flame or sparks. Be careful not to drop or flick cigarette ashes near a tree. Do not put your live tree up too early or leave it up for longer than two weeks. Keep the tree stand filled with water at all times.

DISPOSING OF YOUR TREE

Never put tree branches or needles in a fireplace or woodburning stove. When the tree becomes dry, discard it promptly. The best way to dispose of your tree is by taking it to a recycling center or having it hauled away by a community pick-up service.

HOLIDAY LIGHTS

MAINTAIN YOUR HOLIDAY LIGHTS

Inspect holiday lights each year for frayed wires, bare spots, gaps in the insulation, broken or cracked sockets, and excessive kinking or wear before putting them up. Use only lighting listed by an approved testing laboratory.

DO NOT OVERLOAD ELECTRICAL OUTLETS

Do not link more than three light strands, unless the directions indicate it is safe. Connect strings of lights to an extension cord before plugging the cord into the outlet. Make sure to periodically check the wires - they should not be warm to the touch.

DO NOT LEAVE HOLIDAY LIGHTS ON UNATTENDED

HOLIDAY DECORATIONS

USE ONLY NONFLAMMABLE DECORATIONS

All decorations should be nonflammable or flame-retardant and placed away from heat vents.

NEVER PUT WRAPPING PAPER IN A FIREPLACE

It can result in a very large fire, throwing off dangerous sparks and embers that may result in a chimney fire.

ARTIFICIAL CHRISTMAS TREES

If you are using a metallic or artificial tree, make sure it is flame retardant.

CANDLE CARE

AVOID USING LIT CANDLES

If you do use them, make sure they are in stable holders and place them where they cannot be easily knocked down. Never leave the house with candles burning.

NEVER PUT LIT CANDLES ON A TREE

Do not go near a Christmas tree with an open flame - candles, lighters or matches.

Finally, as in every season, have working smoke alarms installed on every level of your home, test them monthly and keep them clean and equipped with fresh batteries at all times. Know when and how to call for help. And remember to practice your home escape plan.



For more information contact:

The U. S. Fire Administration
16825 South Seton Avenue
Emmitsburg, MD 21727

or

Visit the USFA Web site:
www.usfa.fema.gov



**Homeland
Security**

A Growing Need for Coats

Many of us have been in a situation at some point when we were cold and didn't have on the right clothing to stay warm. It's an uncomfortable and disorienting feeling that leaves you unable to think about much else, other than how cold you are.

One Warm Coat is a national non-profit organization that assists in the donation of coats. One Warm Coat helps individuals, groups, companies and organizations across the country collect coats and deliver them to local agencies that distribute them free, to people in need.

If you are interested in donating a new or slightly used coat, please call (215) 443-1462. Donations will be accepted from the 1st of December till the 15th of January.



PennDOT Offers License Plates for Military Personnel, Veterans

Plates Available by Service Affiliation, Military Campaigns and More

Members and veterans of the United States Armed Forces can proudly display their service with military license plates offered by PennDOT.

"Every day, members of our armed forces are serving around the globe protecting our freedom," said PennDOT Secretary Allen D. Biehler, P.E. "PennDOT is proud to offer license plates honoring those who serve in the U.S. Armed Forces and those who have served in major conflicts, from World War II to Operation Enduring Freedom."

A complete listing of military license plates is available on PennDOT's Driver and Vehicle Services website, www.dmv.state.pa.us, by selecting the "Military License Plates" link under the "Military Personnel/Veterans Information Center." The page provides images of each plate and links to the appropriate application form and respective fees.

A variety of license plates for active duty and reserve military personnel, and members of service-related organizations are also available through PennDOT's Specialty Plate Program. A link to the listing of these license plates is also on the Military License Plates website under the "Military/Veterans Personnel Information Center."

Applications for these specialty license plates must be requested through the approved organization's local representative. Proof of eligibility is required.

Take A Look!

**Photos from the 111th Fighter Wing Holiday Party will be available
on the Y drive at: Y:\111fw Shared\Photos\2010**

Education, commitment will get Guard through changing times

By Air Force Tech. Sgt. John Orrell
National Guard Bureau

Career progression, development and motivation start at the top, and National Guard senior leaders consider those principles to be a priority to keep the Guard moving through an uncertain future, the chief of the National Guard Bureau said here Nov. 18.

"We are a vibrant, resilient, capable national organization," Gen. Craig R. McKinley told about 2,000 attendees at the Air National Guard's 2010 Senior Leadership Conference. "We need to take the challenges head-on, but we also need to be proud that our leadership ... will support us in our times of need."

"Let your folks know there is a way through these tough times, economic times, transition times, base realignment and closure times," he said. "There is something on the other side that's equally challenging and equally rewarding, but it will take ... resources so that young people, at the mid-points of their careers, get the tools so they can succeed and compete during these challenging times."

"It's going to take education and commitment," the general said.

General McKinley encouraged the Guardsmen to let their people learn, develop and be creative, so "that when you send someone to the National Guard Bureau they can get some new ideas, they can bring the field perspective to Washington and we can stay integrated."

The Guard's senior leaders will have to continue to translate what they do in the National Guard into language the active component can understand, General McKinley said.

"Channels of communication mean that we translate, that we ar-

bitrate, that we fight for, but at the end of the day, we as a nation, as a Department of Defense, have to move forward," he said.

"What the people back home want to hear is optimism and a fresh outlook," he said. "It's going to take some people in this room to motivate and to lead."

He added that today's threats will not go away soon.

"The only thing our adversaries want us to do is grow tired, grow weary, go broke and just throw in the towel," General McKinley said. "That's not the American spirit, that's not the American nation that you represent, and so we won't give them that satisfaction over time."



**Chief of the National Guard Bureau
General Craig R. McKinley**



111th Comptroller Flight stands up

During a ceremony held here Dec. 5, the 111th Fighter Wing Finance Management Office became the 111th Comptroller Flight.

Maj. Tony Pelosi accepted the guidon from Col. Anthony Carrelli, 111th Fighter Wing commander, becoming the flight's first commander. The flight remains assigned under the 111th Fighter Wing.

Photo by Tech. Sgt. Alvin Farrow.

Upcoming NCO Supervisor Leadership Management Seminar

A NCO Supervisor Leadership Management Seminar will be held Jan. 27-30 at the 201st Red Horse Squadron & Air National Guard Schoolhouse at Fort Indiantown Gap, in Annville, Pa.

Who should attend?

SSgt's through Senior NCOs' taking on the role of supervision, management and leadership of unit personnel and resources.

Why should I attend?

In four days you will receive instruction covering functions required to lead and manage your personnel and section resources. You will learn the day-to-day operations of your wing. These lessons will assist you and your personnel to understand why each function is vital to meet the mission goals of the Pa. Air National Guard wings, units and sections. This instruction will be a time management tool you can use for the rest of your career.

What subject areas will be presented?

PaANG Wing Structures, Wing Programs, Training, Feedback Performance, Promotion Requirements, Knowing Your Wing, Wing Instructions & Policies, Supervisor Policies, Recruiting & Retention, Deployment Process, ADCON/OPCON, Title 10 and 32, Recognition Programs, Information Management, Safety, Finance, Medical, TRICARE, plus more...

Benefits

This seminar will afford you an opportunity to communicate with other supervisors, leaders and subordinates. Enhanced promotion opportunities! It will cut the stress of doing business. This is a chance to communicate and gain knowledge from fellow guard members. To register, complete the below form.

NCO SUPERVISOR LEADERSHIP MANAGEMENT SEMINAR REGISTRATION

201st RED HORSE Squadron & Air National Guard Schoolhouse,

Fort Indiantown Gap, Annville, Pa.

Jan. 27-30, 2011 (Thursday through Sunday)

Deadline to register: Wed. Jan. 12, 2011

PRIVACY ACT STATEMENT

This Form requires the collection and/or maintenance of information protected by the Privacy Act of 1974.

Name: _____ Rank: _____

Home Phone: _____ Home E-mail: _____

Home Address: _____

Unit Assigned: _____ Section Assigned: _____

Supervisor Name: _____ Section Phone: _____

Commanders Name _____ Do You Require Billeting? _____

Rooms are available at The Air National Guard Schoolhouse Lodging facility (193RSG). You will be billeted two people to a room, with bath at end of hall. Towels and toiletries are NOT provided. Room reservation can be made by email: ang.school.reots.omb@ang.af.mil. Mandatory dress for the seminar is dark blue trousers/skirts and light blue shirts/blouse combination. Lodging can be arranged at local motels as required by your unit.

Please return email registration to wayne.isett.ctr@ang.af.mil or mail to 193 MSG/IM, 81 Constellation Court, Middletown, Pa. 17057-5086.

MOVING UP MOVING IN MOVING OUT

RE-ENLISTMENTS

Senior Airman Terrance Graham	111th SVF
Staff Sgt. Jared Manbeck	111th SFS
Staff Sgt. Jesse Schuch	111th SFS
Staff Sgt. Brian Soto	111th SFS
Staff Sgt. Charles Young	201st RHS, Det. 1
Tech. Sgt. Mark Brown	111th MXS
Tech. Sgt. Philip Pascoe	111th SFS
Master Sgt. Scott Geschel	111th FW
Master Sgt. James Slavin	111th LRS
Senior Master Sgt. Michelle Moyer	270th EIS

PROMOTIONS

To Senior Airman

Mark Brazzee	270th EIS
Mariel Ortiz	111th FSS

To Staff Sgt.

Aaron Barber	111th SFS
James Brodgerski	201 RHS
Ryan Shaffer	201 RHS

ENLISTMENTS

Airman First Class Matthew Ball	201st RHS, Det. 1
Airman First Class Milan Mercado	201st RHS, Det. 1
Airman First Class Joseph Weber	201st RHS, Det. 1

To Tech. Sgt.

Silmer Carmona	201 RHS
Brendan Doty	270th EIS
John Lauf Jr.	201 RHS

To First Lieutenant

Howard Evans	111th OSF
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RETIREMENTS

Tech. Sgt. Michael Biscontini	103rd FS	28 Years
Master Sgt. Paul Sparling	111th SFS	24 Years
Senior Master Sgt. Rick Tressler	111th AMXS	29 Years
Chief Master Sgt. Larry Hallenbeck	111th MXS	32 Years

To Captain

James Vallye	270th EIS
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Don't forget to bring in your Angel tree gifts!

Guardsmen, please drop off unwrapped gifts to a 111th Security Forces Squadron Angel Tree representative in Bldg. 219 no later than close of business Dec. 10.

During the week, items will be logged and sorted based on the attached paper "Angel," ensuring all children receive the correct gift(s). Missing items are purchased with donations received from Wing members and the Chiefs' Council. Items collected under the annual Angel Tree program, will be dropped off to the home this month.

In 1903, Christ's Home was founded to care for needy or neglected children and youth from infancy to 18 years of age. Twenty years later, they expanded to include a retirement community.

The 111th FW has been supporting this cause for over 24 years. For more information, please call (215) 443-1329.

UTA WORSHIP SCHEDULE

Protestant Service will be held at 8:30 a.m. in Building 320, Room 228. An additional Protestant Service will be held at 10:30 a.m. in Building 203, Room 203. Catholic Service will be held at 10:00 in Building 203 Auditorium.

The Chaplain's Office is located in Building 203, Room 204-205 on the second floor and can be reached at (215) 443-1534.



Opportunities to volunteer in the local community

Dec. 8 at 10 a.m.
Abington Morning Reading Program
Abington YMCA
1073 Old York Road
Abington, PA 19001
2-3 Volunteers

Dec. 16 from 12:30 p.m. until 3 p.m.
PhilAbundance
3616 S. Galloway Street
Philadelphia, PA
Up to 15 Volunteers

You must sign up to participate! For additional information or to register for any of these volunteer events, please contact Navy Public Affairs Office at (215) 443-1777.

Traditional Guardsman Security Forces Officer Position



The 111th Security Forces Squadron is seeking a candidate for commissioning who, after graduating from Academy of Military Science (AMS), will be required to attend the Security Forces Officers school, which is a 4 month school at Lackland Air Force Base, Texas. The candidate must have met and been recommended by the Officer Qualification Board which was

held this past August.

The individual is required to submit a cover letter along with a résumé to 111th Security Forces Squadron Commander, 2018 Itami Street, Willow Grove ARS, PA 19090-5219, no later than Dec. 31.

The selection board will be held during the January 2011 UTA weekend. For more information, please call (215) 443-1386 or (215) 443-1424.

Statewide News:

View newsletters of our sister units:

193rd Special Operations Wing
"The Scope"

www.193sow.ang.af.mil

171st Air Refueling Wing
"Tanker Times"

www.171arw.ang.af.mil

Pa. Guardians Magazine

http://ebooks.aqppublishing.com/archive/national_guard/PAGuardians.pdf

National News:

On Guard Magazine

Published every Jan., April, July, Oct.

<http://www.ng.mil/features/onguard-mag/default.aspx>

Airman Magazine

Published bi-monthly and now available online: www.airmanonline.af.mil

Digital Video & Imagery Distribution System (DVIDS), DOD News

www.dvidshub.net

PENNSYLVANIA AIR NATIONAL GUARD
111TH FIGHTER WING (ACC)
1051 Fairchild Street
Willow Grove ARS, PA 19090-5203

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Phoenix, Arizona

To the Family of:

1-800-997-2264

GUARDING AMERICA,
DEFENDING FREEDOM

