# Sandy Hog Gazette

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IIIth Fighter Wing Willow Grove Air Reserve Station Pa Air National Guard

June 2011

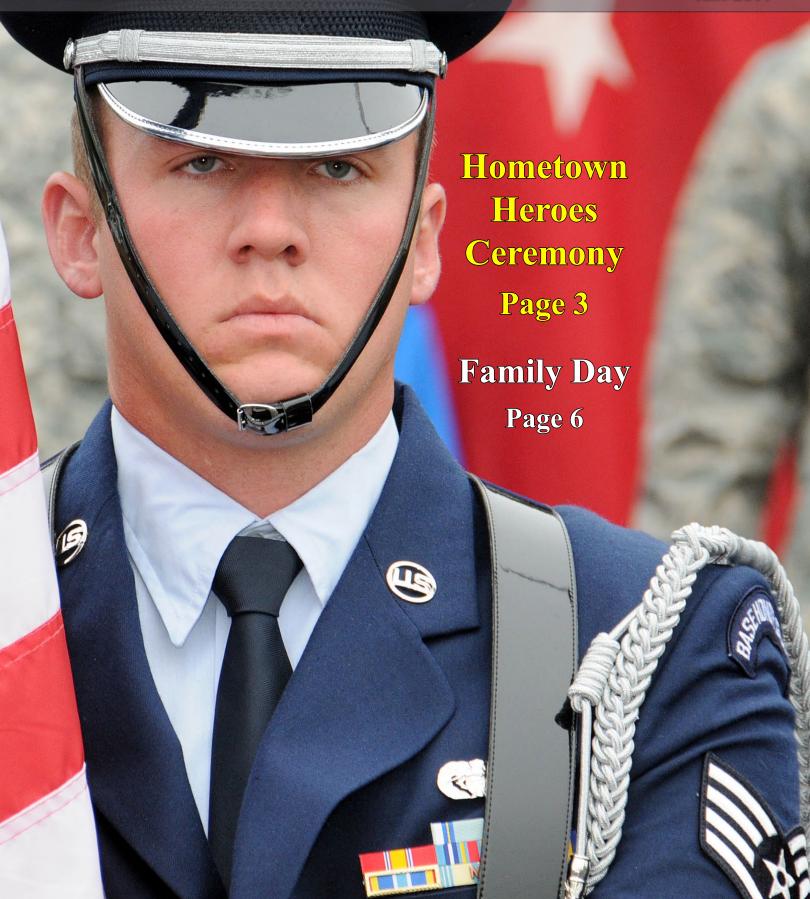




Photo by Tech. Sgt. Elisabeth A. Matulewicz

#### Wing hosts Red Cross Blood Drive

Tech. Sgt. Geoffrey Gay, a vehicle maintenance technician with the 201st RED HORSE Squadron Detachment 1, donates blood at a 111th Fighter Wing sponsored Red Cross Blood Drive held May 10.

Sergeant Gay and members of the 111th Fighter Wing, Army HQ Stryker Brigade, Army Reserves and their spouses rolled up their sleeves for the event.

In all, the Red Cross collected 36 usable blood units at the Wing Blood Drive. This blood will save in excess of 100 lives. Blood donations tend to decline over the summer months as donors become less available. For more information or to sign-up to donate, visit: **www.redcross.org**.

#### On the cover:

Staff Sgt. Scott Trago, a member of the 111th Fighter Wing Base Honor Guard and a traditional guardsman assigned to the 270th Engineering Installation Squadron, posts the colors at the Hometown Heroes Awards Ceremony held here May 15. If you have interest in representing the Wing as a member of the Base Honor Guard, call (215) 443-1842. Photo by Tech. Sgt. Marie Harmon.

#### 111th Fighter Wing Commander Colonel Tony Carrelli

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The Public Affairs staff can be reached during UTA weekends at (215) 443-1450. For urgent inquiries, contact the 111th FW Wing Executive Officer at (215) 443-1410.

Deadlines for submissions to the July issue of the Sandy Hog Gazette is June 15. E-mail articles and photos for consideration to: **pa.111fw@ang.af.mil**.

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Master Sgt. Ron Peluzzo, 111th Security Forces Squadron, is one of 183 guardsmen receiving awards during a Hometown Heroes Award Ceremony held here May 15.

Photo by Tech. Sgt. Marie Harmon

### Wing honors hometown heroes

By Tech. Sgt. Jonathan E. White 111th FW Public Affairs

The Wing honored over 180 airmen and their family members during its second annual Hometown Heroes Salute Ceremony on May 15.

Gen. Craig McKinley, Chief of National Guard Bureau, sanctioned the Air National Guard Hometown Heroes Salute recognition program in August 2008. The purpose of the program is to celebrate and honor the significant contributions of its Airmen, families, and communities.

According to 111th Fighter Wing Command Chief Master Sgt. Richard Mertz, Hometown Heroes Salute ceremonies are important. "The ceremony honors those who have served, their families and others who do not wear the uniform but sacrifice nonetheless."

Airmen recognized in the ceremony included those who deployed for more than 30 consecutive days in support of Operations Enduring Freedom, Iraqi Freedom, Noble Eagle, and other peacekeeping operations across the globe since Sept. 11, 2001.

Two types of awards were presented to the recipients: Tier 1 and Tier 2.

The Tier 1 award symbolized 30 to 179 days of consecutive contingency service. It included a special letter of appreciation encased in a personalized rosewood frame mounted with the Hometown Heroes Salute Coin. Spouses and significant others of Tier 1 recipients received a rosewood pen and pencil set with

the Hometown Heroes Salute logo and their name. The children received a set of dog tags engraved with the Hometown Heroes Salute logo and their name.

The Tier 2 award symbolized 180 to 365 days of consecutive contingency service. Recipients of this award received an American flag encased in a personalized rose wood frame mounted with the Home Town



Photo by Master Sgt. Pat Cashin

Maj. Gen. Wesley Craig, newly appointed Adjutant General for the Pa. National Guard, spoke at the ceremony.

Salute Coin. Spouses and significant others received either a men's lapel pin or a ladies charm bracelet. The children received a camouflage Home Town Heroes cinch sack.

"It took about six of months of planning and meetings with various Wing members before the event took place," Mertz said. "Some key personnel that really helped bring everything together were Master Sergeant Luckenbach and Chief Master Sergeant Tobolski."

The next Hometown Heroes Salute ceremony will be held summer of 2012. For more information or to be considered for the award, call (215) 443-1359.



a flight surgeon with the 111th Medical Group, poses for a photograph on Feb. 8, 2010 while traveling in a KC-135 on his way to participate in medical readiness skills verification training in Hawaii.

Maj. (Dr.) Adam Colombo,



Photo by Tech. Sgt. Christopher Eliades

## ANG selects 111th Medical Group doctor as Flight Surgeon of the Year

By Master Sgt. Christopher Botzum 111th FW Public Affairs

On May 1, the Air National Guard selected Major (Dr.) Adam Colombo of the 111th Medical Group as "Flight Surgeon of the Year" for 2010. This award recognizes outstanding accomplishments of individuals that directly contribute to the mission of the Air National Guard Medical Services. These contributions "Provides force health protection for all assigned personnel and delivers competent medical forces to Combatant Commanders and a homeland response capability to the United States and its territories", said CMSgt Kelly M. Gunson, Chief Medical Enlisted Force and Manpower, Andrews AFB, MD.

Major Colombo's contributions to the Wing and the Air National Guard are highly notable. He deployed to Antarctica in support of Operation Deep Freeze from November through December last year. During this deployment, he directed a team of multinational medical and safety support members for evacuation of personnel from the region. He initiated programs to ensure continuity of work center activities and streamlined the swap out efforts as various teams cycled in and out of the continent.

Logging numerous flight hours in various airframes, Maj. Colombo trained and worked with joint and multinational forces performing casualty evacuation and transport. He completed joint medical attendant transport training geared towards patient care and aero-medical equipment operation.

Formal presentation of this award will be held 27 June in San Antonio, TX. In attendance and presenting the award will be Lt. Gen. (Dr.) Charles B. Green, Air Force Surgeon General and Col. Brett Wyrick, National Guard Bureau Air Surgeon.

Major Colombo is an accomplished emergency room physician in the Lehigh Valley where he instructs medical residents on advanced cardiac and pediatric life support. He is an assistant professor at DeSales and Temple University. Major Colombo is also a volunteer with his local fire department. He is an accomplished skydiver.

Major Colombo will join other Air Force Command winners and vie for "Air Force Flight Surgeon of the Year." The committee will perform a final review and select a winner Air Force wide. The depth of Major Colombo's qualifications, contributions and experience will undoubtedly raise the bar for those selected for this prestigious award.



Photo by Master Sqt. Pat Cashin

## A diamond retires but still plays a vital role

By Master Sgt. Christopher Botzum 111th FW Public Affairs

On May 14, members of the First Sergeants Council presented former member, Master Sgt. Robert Scheide of the 201st RED HORSE Squadron, Detachment 1, with an award of recognition for wearing the diamond and serving as the 111th Aircraft Maintenance Squadron First Sergeant from June of 2004 through September of 2010.

"I truly wanted the position when it became available in 2004," said Scheide. "The position offered me the opportunity to help and mentor members within the unit. It's our obligation as noncommissioned officers and senior members within each work center to nurture and develop the skills, maturity and capability of each individual."

"Although the personal rewards have been many during my time as shirt," said Scheide, "The most fulfilling, yet difficult experience I had to do was consulting, guiding and assisting the many individuals impacted by the restructuring of the Wing during BRAC." Faced with many changes and decisions, he was able to provide direction to many of the airmen within the squadron. He reflected on the personal pride he felt observing the positive attitudes displayed by all the men and women he worked with.

Master Sgt. Scheide has and will miss the former responsibilities he had. "I'll miss not being there for the Wing and being directly involved in developing

programs," he said. Although his primary area of responsibility was the Aircraft Maintenance Squadron, each work center benefitted from his labors. Many within the Wing still informally refer to him as "Shirt Scheide."

The First Sergeants Council recognizes six years of contributions to the Wing by Master Sgt. Robert Scheide. Shown (left to right) are: Master Sgt. Lamar Belton, Senior Master Sgt. John Lyon, Master Sgt. Robert Scheide, Master Sgt. Steven Muschelli and Master Sgt. Walter Milewski.

#### FIRST SERGEANT CREED

I am a First Sergeant. My job is people— Everyone is my Business. *I dedicate my time and energy* to their needs; Their health, morale, discipline and welfare. *I grow in strength by* strengthening my people. *My job is done in faith;* my people build my faith. The Air Force is my life; *I share it with my people* I believe in the Air Force goal— "We take care of our own." My job is people— Everyone is my Business.

"The first sergeant program is constantly evolving with a cycling in of new blood. The strong desire to play a key role within your area, a commitment of three to six years, and the availability to attend a three week course at Maxwell Air Force Base, Ala. will have you well on your way to qualifying you for the program," he added.

He recommended that any master sergeants or master sergeant eligible NCOs wanting to make a positive impact on Airmen within their unit talk to their first sergeant about the program.

Master Sgt. Scheide concluded, "Become a benefit to others while developing your own military knowledge. Be prepared for a high tempo job that offers rewards well after the diamond has been removed."

## Family Day 2011









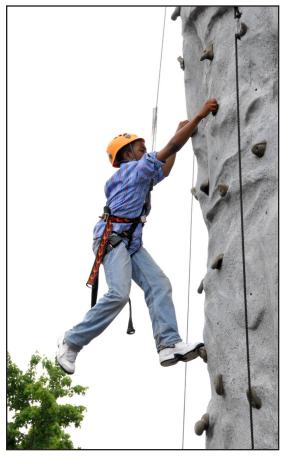














## RED HORSE



Airman 1st
Class Aaron
Hart, 201st
RED HORSE
Squadron,
Detachment 1,
performs a low
crawl during
defensive
posture training
Apr. 16.

Photos by Master Sgt. Pat Cashin

## **RED HORSE ORE planning pays dividends**

By Master Sgt. Chris Botzum 111th FW Public Affairs Specialist

On Apr. 15, 120 members of the 201st RED HORSE Squadron, Detachment 1 assembled for a pre-dawn convoy departure to Fort Indiantown Gap (FTIG). During the three day field training exercise, the team would work side-by-side with over 200 of their RED HORSE counterparts based out of FTIG and participate in training events.

Events planners developed a mix of instructional programs consisting of over 70 courses for the exercise. Quick turn-around times between the specific classes created a high ops tempo that was essential for an effective operation. These instructional sessions were geared towards a "walk before we run" approach said Capt. Lydia Stefanik, 201st RHS, Det. 1 operations officer, in preparation for an Operational Readiness Inspection slated for this Fall. Training courses ranged from specific vehicle operation certification to task qualification while working in their chemical ensemble.

Weather was a problem during the entire deployment. Even with over three inches of rain received on Saturday, essential training schedules marched on. "If it isn't raining, it isn't training," said Chief Master Sgt. Stephen Rossi, 201st RHS, Det. 1 vehicle operations manager. Low crawl training and simulating personal concealment from

enemy fire continued in less than ideal circumstances. Vehicle operations and qualifications, chemical warfare training and task duties commenced while each member involved projected a positive attitude, said Stefanik.

"The goals of the operation were a complete success," said Stefanik. "They formed working bonds between the two separate units." Self-motivation was the key to overcoming both man-made and natural obstacles. Collaborative operations between the two detachments are scheduled to enhance the joint readiness of the squadron in preparation for upcoming higher head quarter's inspections.



Guardsmen prepare for tactical vehicle operations during a three-day field exercise held Apr. 16.

## Medical Group



Tech. Sgt. Jill
Winter, a medical
technician, and Staff
Sgt. Jerome Robbins,
a medical materiel
journeyman, both
with the 111th
Medical Group,
assess the extent of
a patient's injuries
before he is carried
over to the personnel
tracking area and
onto triage.

Photo by Tech. Sqt. Marie Harmon

## Disaster response tested with critical care drill

By Tech. Sgt. Elisabeth A. Matulewicz 111th FW Public Affairs Specialist

The 111th Medical Group conducted a mass casualty drill May 14 in which 55 medical personnel practiced critical care skills in a disaster response environment. They worked out of a tent facility and used equipment belonging to their Expeditionary Medical Support (EMEDS) deployment packages. Members of the Student Flight wore make-up representing realistic burns and injuries and acted as patients or combatants during different scenarios.

"During the exercise, we performed triage on injured people and practiced litter carries, patient tracking, radio communications, shelter-in-place, medical treatment, and decision-making actions regarding appropriate patient disposition," Lt. Col. Angel Burris, 111th Medical Group Chief Nurse explained. "There were scenarios involving psychological distress of a family member and treatment of a combatant. Our Medical Logistics section practiced moulage skills to produce realistic-looking injuries."

"These exercises help us prepare for mass casualty events, both wartime and stateside," said Capt. Elizabeth Ladd, a critical care nurse with the 111th Medical Group. "We aren't an actual treatment facility, so we don't get to practice these skills every

drill weekend."

"For some medical personnel who do not routinely work in the healthcare field in their civilian occupations, this training is invaluable," Lt. Col. Burris said.

"We want to do the greatest amount of good for the greatest amount of people," Tech. Sgt. Webster Brown, a medical technician with the 111th Medical Group said. "When we are performing triage, we assign a priority of care category to patients based on the seriousness of their injuries. They range from minimal (green), to delayed (yellow), immediate (red), and expected (black). "Our priority is to save as many people as possible."

"We saw a lot of patients and I think the exercise went well," said Capt. Ladd. "It's nice when we're able to come together and work as a team."

"The drill was a departure from our normal tasks and it helped us prepare for a critical facet of our medical mission in the Air National Guard," Lt. Col Burris concluded.

EMEDS is a modular, scalable, rapid response medical package that can be used in a myriad of operations such as humanitarian relief, wartime contingencies and disaster response. For more information, visit: <a href="www.ng.mil/features/">www.ng.mil/features/</a> HomelandDefense/emeds/factsheet.html.

## **Security Forces hones self-defense maneuvers**



#### Story and photo by Master Sgt. Chris Botzum 111th FW Public Affairs

Members of the 111th Security Forces Squadron train to never let down their guard. On May 18, recurring training came to the forefront as Tech. Sgt. Kenneth Gabor and Staff Sgt. John Wolf of the 111th Security Forces Squadron Training section discussed, demonstrated, and then had students perform baton training.

This vital, non-lethal, self defense option would be used to subdue aggressors that otherwise do not comply with authority directions. "Its use and application of reasonable or rational force necessary to defend yourself and to control a potentially violent situation," Gabor explained.

Wolf demonstrated the need to maintain a reactionary zone from the resister. "Side-step to get out of an attacker's line of attack, or simply move back to gain more distance from an attacker. Using a commanding voice is necessary gain the upper hand and deflate the situation," he said.

Our Security Forces Squadron provides around the clock protection of personnel, facilities and assets often without the population's awareness and full appreciation. By the conclusion of the amplified training session, each trainee displayed their enhanced capabilities, techniques and confidence in their ability. The baton strikes delivered to an otherwise unprotected individual would have undoubtedly gotten the point across.

## Penn Museum one of more than 1,300 museums to offer free admission to military and their families this summer

#### Courtesy of the Penn Museum

The University of Pennsylvania Museum of Archaeology and Anthropology announces the launch of Blue Star Museums, a partnership with the National Endowment for the Arts, Blue Star Families, and more than 1,300 museums across America to offer free admission to all active duty military personnel and their families from Memorial Day through Labor Day 2011. Military personnel and their families need only to show valid military personnel or military family ID. Leadership support has been provided by MetLife Foundation through Blue Star Families. The complete list of participating museums is available at: <a href="https://www.arts.gov/bluestarmuseums">www.arts.gov/bluestarmuseums</a>.

Penn Museum is located at 3260 South Street, Philadelphia, PA 19104 (on Penn's campus, across from Franklin Field). Museum hours are Tuesday and Thursday through Sunday, 10 am to 5 pm, and Wednesday, 10 am to 8 pm. Closed Mondays and holidays. For more information, visit their website: www.penn.museum or call (215) 898-4000. For group tour information, call (215) 746-8183.

### 101 Critical Days of Summer

By Lt. Col. Scott "Spartacus" Hreso 111th FW Chief of Safety

We push our physical limits a bit, sometimes a lot. We drink a little more alcohol than usual and drive longer distances faster to pursue pleasures. We pack all of that into a little more than the fourteen weeks that are the "101 Critical Days of Summer." This period starts on Memorial Day weekend and ends Labor Day weekend.

Sadly, the Air Force lost 19 Airmen last summer, two more than the previous year. The majority of those losses were from vehicle mishaps--eight were in four-wheel vehicles and seven were in motorcycle mishaps. Incidentally, the factors involved in these mishaps included speeding, alcohol and not wearing our seat belts -- all risks that are easily correctable.

Here is a breakdown of what fatal accident investigations have revealed.

- 50 % loss of control, excessive speed, distraction and road conditions
- 50 % involved NCO's who generally have more driving experience
  - 33 % no seatbelts
  - 33 % alcohol a factor



After reviewing last summer's Air Force fatalities, it is a shame to read about so many young people getting killed doing stupid things. Many of these accidents read similar. Almost all of them included excessive speed, alcohol, or eiected from the car as the result of not wearing seatbelts. Most of these were

operators, but a good portion of the passengers killed would have survived had they been wearing seatbelts or made the decision not to get in a vehicle with someone who was obviously under the influence.



Lt. Col. Scott "Spartacus" Hreso

According to the U.S.

Census Bureau, Pennsylvania has the fifth largest number of registered motorcycles in the United States. These numbers coupled with our need to conserve fuel due to current prices equals increased two wheelers on the road. As a motorcycle operator, take every measure to ensure a safe and enjoyable ride. Avoid the need to show the throttle who is boss. As four wheel operators, be ever more cautious and aware of motorcycles' presence. Take the extra time to look one more time before entering that intersection or changing lanes.

Please "ACT" safely this summer when making decisions:

- Analyze the risks
- Consider hazards
- Take action

Practicing good risk management, making sound decisions, and being an active Wingman on and off the job are methods we can use to reduce the inherent risks during this time period. We are a premier unit as a result of using our heads and making good, logical decisions at work. If each of us makes good decisions and holds safety as a way of life, we will survive this potentially deadly time of the year unscathed. With a little luck and a lot of effort on your part, we can succeed and more importantly stay alive and able to celebrate another year with our family, friends, and coworkers. Have great summer!

### **Greetings from the Company Grade Officers' Council**

By 2nd Lt. Tim McManus 111th FW Executive Officer

Everyone on base has heard of the Enlisted Field Advisory Council, or EFAC, but I 'm guessing very few people have heard of the Company Grade Officer Council, or CGOC.

The EFAC is made up of enlisted members from around the Wing, who meet to discuss issues affecting our enlisted force. The Company Grade Officers' Council is similar to the EFAC. It is an Air Force wide organization consisting of lieutenants and captains (also known as company grade officers) working together to promote professional development, base support, community service and esprit-de-corps.

The CGOC here at the 111th FW is one of only a handful that exists in the entire Air National Guard, with most CGOCs operating on active duty bases. In all there are 92 CGOCs worldwide. Company grade officers are few in number at the 111th, but as our missions continue to expand and more of our enlisted members receive commissioning opportunities, the CGOC will grow too.

Locally, the CGOC has contributed to charities during the holidays, and has had quarterly meetings to discuss items of interest that they see from their levels of supervision.

As the organization continues to develop, it will have greater involvement with events at the base. If there are any company grade officers who would like to become a more active participant, please call: (215) 443-2023.



#### Red Cross to change its emergency communications procedures

By Anna Richar

111th FW Airman & Family Readiness Program Manager

Red Cross will be changing our Emergency Communications procedures in mid-June. Military families will no longer request an Emergency Communication thru their local Red Cross Chapter.

Beginning Jun. 13, at 8 a.m. EDT, the American Red Cross gives military families easier access to emergency communication services through the use of one telephone number. All military members and their families can call toll free: (877) 272-7337 to contact the American Red Cross to initiate an emergency communication message.

This change also applies to requests for financial assistance from military relief societies. Families will call the phone number for that assistance and the call center will forward their request. If they are eligible for assistance the call center will send aid via Western Union.

Chapters will continue to provide other support services to military families including Coping with Deployment, Casualty travel assistance, disaster preparedness education, veterans support etc.

The Wing will be changing our pre-deployment and mobilization briefings to reflect this new procedure.

For more information, visit the Southeastern Pennsylvania Chapter at: **www.redcross-philly.org/index.cfm** or to locate a chapter near you, visit: **www.redcross.org**.



# MOVING UPMOVING INMOVING OUT

#### **ENLISTMENTS**

Airman First Class James Driscoll 201st RHS, Det. 1
Airman First Class Anthony Masser 201st RHS, Det. 1
Airman First Class Christopher Montague 201st RHS, Det. 1
Airman First Class Samantha Weir 201st RHS, Det. 1

#### **RE-ENLISTMENTS**

Staff Sgt. Maria Chernes
111th LRS
Staff Sgt. James Morton IV
111th MDG
Staff Sgt. Christoper Ransom
270th EIS
Tech. Sgt. Steven Sultzbach
111th OSF

#### **PROMOTIONS**

#### **To Staff Sergeant**

Craig Beale 111th CF
Dharamdeo Behari 270th EIS
Christopher Lemly 201st RHS, Det. 1
Steven Watson 270th EIS

#### **To Technical Sergeant**

Matthew Long 270th EIS

#### **To Master Sergeant**

Laura Barney 111th MDG

#### **To Chief Master Sergeant**

Thomas Munyan 201st RHS, Det. 1

#### To Captain

Steven Good 111th LRS

#### **RETIREMENTS**

CMSgt Edward DiMaio 201st RHS, Det. 1 41 years CMSgt John Lauf, Sr. 201st RHS, Det. 1 41 years SMSgt John Costello 111th MXG 34 years SMSgt James Gray 201st RHS, Det. 1 38 years TSgt Nicholas Bruno 201st RHS, Det. 1 22 years TSgt Susan McDowell 111th MDG 24 years

#### **UTA Worship Schedule**

Protestant Service will be held at 8:30 a.m. in Building 320, Room 228. An additional Protestant Service will be held at 10:30 a.m. in Building 203, Room 203. Catholic Service will be held at 10:00 in Building 203 Auditorium.

The Chaplain's Office is located in Building 203, Room 204-205 on the second floor and can be reached at (215) 443-1534.



#### STRONG BONDS COUPLE RETREAT

An Air National Guard program to give military members and their families tools for better communication and relationship building

# AUGUST 26-28, 2011 CHAUNCEY CONFERENCE CENTER 660 Rosedale Road - Princeton, NJ 08541 ALL travel, lodging and food expenses PAID

Brought to you as a joint program by the Chaplains and Family Readiness of the NJ, PA, and DE. For more information or to register, call (215) 443-1409.

~ SPACE IS LIMITED - SIGN UP NOW ~

The State Command Chief's Perspective can be found on the 111th FW public website: **www.111fw.ang.af.mil/pastatecommandchief.asp** and on the 111th FW Air Force Portal page.

This month's topic: Air National Guard -- Outstanding Airman of the Year

#### **IMPORTANT SELF HELP NUMBERS**

#### **Community Service**

- \* Montgomery County MH/MR Emergency Services - 24 Hrs. (610) 279-6100
- \* Bristol/Bensalem Human Services Center (Lower Bucks) - 24 Hrs (215) 785-3785
- \* Lenape Valley Foundaton (Central Bucks) - 24 Hrs (215) 345-5327
- \* Suicide/Crisis Intervention Hotline (215) 686-4420
- \* Horsham Clinic Crisis Line 24 Hrs 1 (800) 237-4447
- \* Survivors of Suicide
  (People who have lost someone to suicide)

  www.survivorsofsuicide.com
  (215) 545-2242

#### **Military Services**

- \* Philadelphia VA Medical Center 3900 Woodland Ave. Phila. PA (215) 823-5800
- \* Philadelphia Vet Center 101 East Olney Ave. Phila. PA (215) 924-4670

#### Military Services Cont.

\* Montgomery County Vet Center 320 E Johnson Hwy Suite 201 Norristown PA 19401 (215) 823-5245

VA Suicide Hotline 1 (800) 273-TALK (8255)

- \* Military OneSource 24 Hrs. www.militaryonesource.com 1 (800) 342-9647
- \* 111 FW Clinic (During UTA) (215) 443-1300

#### **Your First Sergeant**

- \* 111FW Chaplain (during UTA) (215) 443-1534
- \* 111th FW Security Forces (215) 443-1077
- \* Military Mental Health Organization www.militarymentalhealth.org

#### **Statewide News:**

View newsletters of our sister units:

193rd Special Operations Wing "The Scope"

www.193sow.ang.af.mil

171st Air Refueling Wing "Tanker Times"

www.171arw.ang.af.mil

Pa. Guardians Magazine
<a href="http://ebooks.aqppublishing.com/archive/national\_guard/">http://ebooks.aqppublishing.com/archive/national\_guard/</a>
PAGuardians.pdf

#### **National News:**

On Guard Magazine
Published every Jan., April, July,
Oct. <a href="http://www.ng.mil/features/onguard-mag/default.aspx">http://www.ng.mil/features/onguard-mag/default.aspx</a>

Airman Magazine
Published bi-monthly and
now available online: www.
airmanonline.af.mil

Digital Video & Imagery Distribution System (DVIDS), DOD News

www.dvidshub.net

