Sandy Hog Gazette

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111th Fighter Wing Willow Grove Air Reserve Station

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A farewell to one of our professionals

After 34 years of military service, we bid a farewell and a long military retirement to our own senior photographer, Master Sgt. Patrick Cashin. He has been a photographer with the unit for the last 11 years. Cashin served in several other branches of the military: 1973 - 1977 active duty with the US Navy, 1981 – 1987 in the US Coast Guard Reserve and 1987-2000 US Naval Reserve.

Since January 2000, Cashin has been employed

Master Sgt. Patrick Cashin and Senior Airman Thomas Grimes, 111th FW Public Affairs Office, capture end of the day activities and interviews during a recent Operational Readiness Inspection held at Fort Indiantown Gap.

(Photo by Master Sgt. Christopher Botzum)

as a photographer for the State of New York, Metropolitan Transportation Authority. His photos have appeared in the New York Times, New York Daily News, New York Magazine and Engineering News-Report Magazine. His photography appeared in the exhibit "The Future Beneath Us" Construction Projects Underneath New York City, at the Transit Museum in Grand Central Terminal. In 2008, 2009 and 2010, Cashin was a finalist in Engineering News-Record Magazine "In Construction" Photo

Contest. In 2010, he placed third in the Center for Railroad Photography and Art Photo Contest.

Cashin has been a behind the events staple with the 111th Fighter Wing, capturing our joys, our successes, our emotions. We have all been made better by his contributions. Best wishes to you and your family in your much deserved retirement!

111th FW Public Affairs Office

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Deadlines for submissions to the January issue of the Sandy Hog Gazette is December 16. E-mail articles and photos for consideration to: **pa.111fw@ang.af.mil**.

This funded Air Force newspaper is an authorized publication for members of the U.S. military services. Contents of the Sandy Hog Gazette are not necessarily the official views, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Air Force. The editorial content is edited, prepared and provided by the Public Affairs Office of the 111th Fighter Wing.

AROUND THE GUARD



National Guard turns 375 years-old

By Master Sgt. Christopher Botzum 111th FW Public Affairs

On Dec. 13, the National Guard will celebrate its 375th birthday. On that date in 1636, three regiments from Massachusetts assembled in Salem. Gathered using English military tradition as a guide, the assembly was formalized during the Pequot War. Since those early days, the National Guard has remained committed to the citizen-soldier motto by providing aid and defense of their state and their country.

The history of the National Guard is rich with contributions, home and abroad. It is the oldest of the U.S. Armed Forces components and has served with honor since the days of the American Revolution.

Several of the more notable contributions to the defense of the U.S. include:

• National Guard engaged the British military at Lexington and Concord Mass. in 1775 beginning the armed conflict between the colonies and England.

• In 1861, the beginning of the Civil War, pitted countrymen against countrymen, state against state, north against south. Many of the Guardsmen soon after the Battle of Manassas transferred to regular army units.

Lion Gardiner during the Pequot War, a watercolor painting by American painter and illustrator Charles Stanley Reinhart, circa 1890. The artwork was previously displayed at the Manor House in Gardiner Island. The image is a poster taken from a July 2007 exhibit by the East Hampton Historical Society on Gardiners Island.

• During World War I, Guard members activated to Europe, made up 40% of the U.S. fighting forces.

• The Guard was a major contributor to the combat forces in Korea, the Berlin Crisis, Vietnam, Kosovo and Bosnia.

• Integrating into a multinational force, the Guard has and continues to play a key role in combat operations, flight operations and special operations in the wars with Iraq and Afghanistan.

The broad spectrum of state related emergency assistance events are lengthy and unending. Hurricanes, floods, snow, fire disasters and homeland security measures are all second nature to the current member of the Guard across the United States.

The National Guard remains steadfast in its initial design: dual state and federal assistance providing trained personnel, expertise and equipment to defend and protect lives, property and our nation's interests from down the street to across the globe.

270th EIS rolls out

Story and photos by Master Sgt. Christopher Botzum 111th FW Public Affairs

On Nov. 10, members of the 270th Engineering On Nov. 10, members of the 270th Engineering Installation Squadron arrived early in the morning to make final preparations for their overseas deployment. This was the second of two separate deploying blocks. The dreary day did not hamper the excitement and anticipation of the two dozen members awaiting transportation.

Tech. Sgt. Marinko Lemut, a 23 year member of the unit as an antenna, cable and radar installation technician was spending some time with his daughter and grandchildren--Alyssa age three and Anthony one. Staff Sgt. Victoria Long, daughter of Lemut and nine year member with the unit, stood close by as "Pop-Pop" carried his grandchildren among the crowd of family members, well-wishers and co-workers during the send-off.

"We've been preparing for the trip for about a year



Tech. Sgt. Marinko Lemut with grandchildren Alyssa and Anthony

now," said Lemut. "Of all the training required, the combat skills course at McGuire Air Force Base was the greatest test. The 30 day intensive training was physically and mentally challenging, but the course did a great job of getting us ready for our trip," he added.

For Tech. Sgt. Christopher Spencer

of the 270th, this would be his first major deployment. He finalized outprocessing as his wife, Kristan and parents

greeted the assembled crowd. Spencer's father, John, is a retired member of the unit and reacquainted with many in the crowd. "I'm very proud of my son's commitment to the Guard," said John as he reflected back on some of his own deployment experiences.

The 270th EIS members will be tasked throughout their deployed region in constructing, modifying and repairing a variety communication and information transfer hardware assets.



Staff Sgt. James Kelly and his wife Darci come to grips with his imminent departure as the transport bus makes final preparations for boarding.



Tech. Sgt. Christopher Spencer waiting for departure time with his parents and wife.



Installation of a Mobile Aircraft Arresting System (MAAS) on a newly constructed runway is one of the many critical items evaluated by the IG teams. Straddling a runway, the MAAS provides incoming landing aircraft the ability to stop in extremely short distances.

Factors such as safety, area security and timeliness play a significant role in the overall rating. The installation team broke their past record time during the install, completing the operation in just over 26 minutes.

Photo by Master Sgt. Patrick Cashin, 111th FW Public Affairs

201st RED HORSE successfully hurdles ORI

By Master Sgt. Christopher Botzum 111th FW Public Affairs

November 16 marked the beginning of the much awaited Phase II of the Operational Readiness Inspection (ORI) for the 201st RED HORSE Squadron in Fort Indiantown Gap. The four day higher headquarters inspection would assess the unit's ability to function in war-time scenarios, chemical and conventional ability to survive environments, area security functions and timed specific construction objectives.

Over the past year, a vast amount of planning, coordination, practice and extended hours became the norm in preparation for this event. Over 100 Willow Grove 201st, Detachment 1 members directly participated with additional personnel assisting in a host capacity.

At 1730 on Sunday Nov 20th, after a long period in MOPP 4, came the much awaited call across the radios and public address system, "ENDEX, ENDEX, ENDEX." Revitalized in the self-assured feeling of a job well done throughout the inspection, the members began the teardown of the mock deployed encampment. The following day, the convoy trip of equipment and personnel back to Willow Grove was flawless.

"Over the past year and a half, the unit has focused on the combat applications of its core functions during all training opportunities," said Wing Commander, Col. Tony Carrelli. "This milestone was just certified during the ORI by the Air Combat Command IG. The last phase of the RED HORSE evolution is to stand ready. They are now on the combatant commander's speed dial as a combat ready organization," he added.

"The unit has made tremendous progress over the past few years, which is a great testament to those who serve in the unit and those in the Wing who have supported them. The ACC IG was impressed by our new unit already, having some of the strongest areas seen to date by the team, Air Force wide," Carrelli said.

Though many groups and individuals shined during the inspections, the IG team specifically identified the below Detachment 1 team and personnel as "<u>Superior Performers</u>" for their innovation and contribution to the successful outcome of the inspection: Airmen 1st Class Steven Mahler, Remmington Kauffman and Patrick Moyer each of the cargo build-up team, Master Sgt. Jason Robbins, Technical Sgt. Christopher Coyne, Technical Sgt. Andrew Horn, Staff Sgt. Joseph Bonamico, Staff Sgt. David Cossaboon and Airman 1st Class Devin Jackson.

AROUND THE STATE



Senior Airman Jessica Berger of the 111th Medical Group checks a new patient into the medical treatment area. Several hundred area civilians participated in the exercise serving as injured victims, hysterical bystanders, contaminated personel and rabble rousers, which added heightened realism to the mock event.

Photo by Tech. Sgt. Alvin Farrow, 111th FW Public Affairs



A search and extraction team recovers injured personnel at the incident site.

Photo by Tech. Sgt. Alvin Farrow, 111th FW Public Affairs

Homeland Response Force receives certification in Pennsylvania

By Master Sgt. Christopher Botzum 111th FW Public Affairs

Mock scenario: A huge tanker truck carrying potential lethal chemical agents has just exploded in a heavily populated area in Nowheresville, USA. The event immediately spurs panic, chaos and disbelief among the residents. State and local emergency response forces are overwhelmed as the possibility of nearly 60,000 people may be directly impacted. The Federal Emergency Management Agency (FEMA) was alerted and beckons for equipment, manpower and expertise specializing in decontamination, extraction of injured and immediate medical attention.

On Oct. 29, Pennsylvania was added to a growing select group of states that have a program geared towards assisting FEMA in dealing with scenarios of this nature. Starting Oct. 23, the one week exercise held at Fort Indiantown Gap, Pa. brought together over 570 Army and Air Guard members from all reaches of the state.

The Homeland Response Force (HRF) is comprised of several large specialized groups responsible for addressing different aspects of a disaster of this magnitude. These components, individually or collectively, can be called upon to aid in local, state or national emergencies.

Security and control of the event sight is essential. Control of personnel, vehicles and equipment into a devastated zone is essential for orderly traffic flow and to reduce the possibility of endangering others. Security personnel may even be required to perform crowd control or implement civilian disobedience measures to suppress uprisings, looting and crime within the area.

Search and extraction teams are trained to recover injured personnel. Examples of rescue locations could include building rubble such as a large inner-city parking garage brought down by an earthquake or detonation of an explosive. Teams work with equipment such as listening devices to identify locations of injured, the Jaws of Life, chainsaws and cutting torches to remove material trapping the injured. The team members first priority is the recovery of the injured. Recovery and extraction of the dead will be handled by different team members secondarily.

Injured personnel are given a cursory evaluation upon recovery: Are they contaminated with harmful agents? Can they walk? Would efforts to save the life of an extremely injured victim prevent saving several less injured people?

Accounting for each victim entering the treatment area is vital. Wrist bands, essentially with universal product





A victim is tested for residual contamination before being medically stabilized.

Photo by Tech. Sgt. Alvin Farrow, 111th FW Public Affairs

codes, containing available identification information are placed on each victim as they enter. Computer based tracking occurs from intake through discharge of the center. This information accountability provides immediate command and control visibility on the human impact, resource management and accurate up-channeling to federal, state and local authorities.

Due to the possible nuclear, biological or chemical element that may come into play at the disaster site, thorough detection on-site and on the victims is critical. A variety of sensing and identifying devices can be seen during all facets of the operation. Preventing contaminated individuals from processing through clean areas expedites care. Contaminated personnel and equipment are diverted to different processes to reduce the potential for crosscontaminating aid workers and the necessary equipment.

The injured are treated according to need priority. Patients are medically stabilized, addressing the ABCs The complete personnel flow-through processing area covers almost an entire football field. The tents are designed for rapid set-up, taking only minutes to unfold, open up and hoist. Guardsmen start moving equipment inside the tents and get operations underway.

Photo by Staff Sgt. Michael Shaffer 111th FW Public Affairs

(airway, breathing and circulation) and prepared for release or transportation to outside full-treatment facilities such as local hospitals, clinic or an expeditionary medical system setup in the area.

The vast amount of specialized equipment used and cycling of qualified personnel necessitates continual training sessions. This was the second unified training assembly this year for Army and Air Guard units across the state. "After a few short hours, you can readily see the process melding together of the various units. The process spins-up quickly," said Chief Master Sgt. Marion Livesay of the 111th Medical Group. "Once activated, we have a mere six to 12 hours to be on location and only 90 minutes afterwards to be fully operational and ready to accept victims," she added.

Pennsylvania joins Ohio and Washington, becoming the third state of ten to be certified in this program. FEMA divides the U.S. into ten geographic zones. Current and future certified HRF assigned states will have primary, or host, responsibility within these zones. Additional states: Mass., N.Y., Ga., Tex., Mo., Utah and Calif. are expected to be in place no later than fiscal year 2012. Another state-wide recurring training week is tentatively scheduled for spring of 2012.



FAMILIES OF THE WING



(lt. to rt.) Airman 1st Class Cristina Hreso, Lt. Col. Scott Hreso and Airman 1st Class Michelle Hreso

Meet the Hresos

by Master Sgt. Christopher Botzum 111th FW Public Affairs

Airman 1st Class Cristina Hreso joined the Air National Guard at the beginning of this year. Daughter of Lt. Col. Scott Hreso, Chief of Safety for the Wing, she is also the sister of fellow Wing member, Airman 1st Class Michele Hreso who is scheduled to return from technical training in April 2012.

Airman Cristina Hreso is with the 201st RED HORSE,

Det. 1 as a structures technician. She returned from technical training, as an honor graduate, in July of this year. She immediately volunteered to participate in the unit's upcoming Operational Readiness Inspection. Cristina Hreso is a full-time junior attending West Chester University, majoring in nutrition.

"I now think of the Wing as my priority over school. I've learned so much since I've been back from technical training," said Airman Cristina Hreso. "The family feeling in the work center was more than I'd expected. Everyone shows mutual respect and comfortable communications with one another which really helps the learning environment. In the future, I hope to apply my education specializing as a nutritionist and personal trainer working with athletes."

Her father has been with the Wing for 25 year. Driven towards the aviation field, he has served in several professions over the years: 24 years as an A-10 pilot at Willow Grove, four years as an aircraft crew chief based out of McGuire Air Force Base, N.J. and four years in the Marines as an F-4 mechanic stationed at Marine Corps Air Station, Beaufort, S.C. Lt. Col. Hreso smiled as he expressed pride in what he foresees as a deep and continuing contribution to the U.S. military from his children.

"His family guidance and mentoring was the initial motivator for my enlistment, but the bonuses and college benefits package certainly played a part as well," added Cristina Hreso. "I've enjoyed and developed my leadership experiences so far within the military. Maybe I'll pursue my master's degree down the road. Regardless, I envision myself as a 20 year military person and look to even obtaining my commission."



Close really only counts in hand grenades

by Master Sgt. Christopher Botzum 111th FW Public Affairs During November's drill, the 111th Security Force Squadron held familiarization training on the usage of hand grenades. The hands-on training highlighted safety, how and when to use this weapon and confidence building practice.

"Beyond the wow factor, grenades are ideal for clearing enemy combatants from a covered area such as a room or tucked behind a berm," said Tech. Sgt. Patrick Geiser, combat arms instructor for the 111th Security Forces Squadron. "Using a grenade to clear large clusters of enemy forces reduces our exposure to the possibility of direct fire. It is also an effective device for disabling light vehicles," Geiser added.

Nearly 100 grenade simulators were expended during the three hour training session. Security Forces members and several representatives of the Wing Safety office participated in the course. Timing, accuracy and maximizing your own personal cover while throwing the weapon were some of the practical objectives.

BIO-ENVIRONMENTAL HEALTH



Work place health: fetal protection

by Tech. Sgt. Joseph Runewicz 111th MDG bioenvironmental technician

Many physical and environmental factors can affect a woman's reproductive health and her ability to produce healthy children. Pregnant workers and those planning to become pregnant should be especially concerned about exposure to reproductive hazards.

The Air National Guard requires all pregnant members to be enrolled in the Fetal Protection Program. ANGI 40-104, Pregnancy of Air National Guard Personnel, clarifies pregnancy as a medical condition requiring an AF Form 469, duty limiting condition report. In this process, the role of Bioenvironmental is to provide an on-site workplace assessment. The purpose of this assessment is to identify any potential exposures that may adversely impact the fetus and breast milk during pregnancy and also ensure the controls that are in place are adequate to protect the employees from reproductive hazards.

While it is commonly known that the health of an unborn child can suffer if a woman fails to eat right, smokes or drinks alcohol during pregnancy, it is often overlooked that some workplace reproductive hazards can affect a woman's health, her ability to become pregnant or the health of her unborn children. A reproductive hazard is any chemical, biological, radioactive or physical agent that has the potential to adversely affect human reproductive capabilities including mutations, embryo developmental or physical defect, miscarriage, sterility, development abnormalities or

Tech. Sgt. Joseph Runewicz, a bioenvironmental technician with the 111th Medical Group, operates a variety of complex detection devices to sense levels of potentially hazardous conditions or chemicals. The monitoring equipment requires continuous calibration for accurate and consistent readings.

Photo by Master Sgt. Christopher Botzum, 111th FW Public Affairs

passage of carcinogens through the placenta.

Some chemicals, such as alcohol, can circulate in the mother's blood, pass through the placenta, and reach the developing fetus. Other hazardous agents can affect the overall health of the woman and reduce the delivery of nutrients, while radiation can pass directly through the mother's body to harm her eggs or the fetus itself. Additionally, some drugs and chemicals can also pass through a mother's body into the nursing baby through breast milk. Breast feeding

has many positive effects on the new born child therefore a woman who may be exposed to reproductive hazards on the job should consult with her doctor or other health care provider before deciding whether or not to breast feed her child.

It is important to remember that reproductive hazards do not affect every woman or every pregnancy. Whether a woman or her baby is harmed depends on how much of the hazard they are exposed to, when they are exposed, how long they are exposed and how they are exposed. An Air National Guard member must report a confirmed pregnancy at the earliest possible time to allow her unit to accurately report operational and readiness capability, and to assess the member's work environment for potential hazards. The proper management of expectant mothers requires the cooperation of the member, personal health providers, unit medical directors, aerospace medical and public health teams and the member's supervisor.

Adherence to program guidelines and following through on reporting will ensure a safe and more effective work center for all.



UTA MENU AT THE DINING FACILITY

Saturday

Roast Rib of Beef Roast Turkey Baked Ham Chicken Croquette, Mashed Potatoes. Glazed Sweet Potatoes, Stuffing, Mixed Vegetables, Corn, Applesauce Shrimp Cocktail, Cranberry Sauce, Potato Salad Chicken & Rice Soup

Alternative

Selection: Vegetarian Lasagna

Meal Compliments:

Fresh Salad Bar, Bakery Style Breads, Cold & Hot Beverages Assorted Desserts

Sunday

Holiday Party at "Happy Tymes"

Happy Tymes Family Fun Center 2071 County Line Rd. Warrington, PA 18976 For questions or more information, call (215) 343-6500.

Base sticker procedure changes

by Master Sgt. Christopher Botzum **111th FW Public Affairs**

The New Year is quickly approaching. Is your base sticker date expiring? A new policy regarding mandatory base vehicle sticker renewal has been implemented.

Expired vehicle stickers can be updated currently through 2012. If your current DOD base sticker is extremely faded and illegible, write down the sticker number and carefully scrape the sticker off once expired. Collect and retain the remnants by placing them in an envelope or sticking them on a 3x5 inch card for example. These DOD stickers are accountable items and need to be turned into security police at building 219, room 303 once removed.

If your base sticker still has a valid year associated and it is fully legible, keep it on the vehicle. A valid sticker will ease your entry onto other bases that you may frequent.

Buying a new car, replacement or adding a vehicle? Obtaining a new base vehicle sticker will be at your option. Authorized entry will be granted with your current and valid military, retiree or dependant identification card. If you sell, trade or dispose of your currently owned vehicle with a sticker, you are required to remove the placard and return it to the security police office.

This policy change does not relieve the vehicle owner or operator from the requirement of a valid civilian driver's license, proper and current vehicle registration and required vehicle insurance coverage. Mandatory state vehicle and safety inspections are applicable according to the state guidelines to which the vehicle is registered.

If you have any specific questions, you can contact the Pass and ID office at (215) 323-8585 or ext. 8585.



Whether driving a privately or government vehicle, seat belt usage is mandatory for the driver and all passengers.

When operating a cell phone while driving on base, use of a hands free device such as a Bluetooth or earpiece is required.

Observe and adhere to all speed limit signs and pay particular attention to the ever-changing detour postings.

To operate a government vehicle, on or off base, the driver must have a valid military driver's license with qualifications on that type marked on the back. Take a moment to look at your military license. If your license does not have an expiration date on it, it needs to be replaced. These expire when your state driver's license requires renewal.

For more information, stop by 111th Vehicle **Operations located in** building 229 or call (215) 323-8354.

Online resources for military, veterans and their families

Military Spouse Magazine's Spouse of the Year Award

Military Spouse Magazine is currently accepting nominations for their Military Spouse of the Year (MSOY) Award. Nominations are submitted via their website at **www.milspouse.com/msoy**. This is not an NGB award; NGB does not have any information regarding this award.

We know that the National Guard has many spouses doing great things and we don't want to miss this opportunity for recognition.



United Through Reading

Do you have a unit within your state/territory being deployed? United through Reading is a non-profit that offers



Guardsmen and their Families an opportunity to stay connected with their children through prerecorded video book readings. Visit their website at: <u>www.</u> <u>unitedthroughreading.org</u>.

National Military Spouse Network (NMSN)

NMSN is a pre-eminent networking, mentoring and professional development organization committed to the education, empowerment and advancement of military spouses. For more information, visit their website at: <u>www.</u> <u>nationalmilitaryspousenetwork.org/public/main.cfm</u>.

NMSN held its first Military Spouse Employment Summit on Nov. 3-4, 2011, which included various speakers on topics, such as Leveraging the Internet and Social Media for Your

Job Search, Maintaining Career Continuity as a Military Spouse, and Entrepreneurship and the



Military Spouse. The summit also included a Military Spouse Employment Panel/Town Hall where spouses had the opportunity to ask questions to the Subject Matter Experts.

Service Corps Of Retired Executives (SCORE)

SCORE is a nonprofit association dedicated to educating entrepreneurs and helping small businesses start, grow, and succeed nationwide.



SCORE is a resource partner with the U.S. Small Business Administration (SBA), and has been mentoring small business owners for more than forty years. Their website can be found at: <u>www.score.org</u>. SCORE also has developed a military specific program which is free to veterans and their families. The military specific website is <u>www.vetsfastlaunch.org</u>.

iRelaunch, the Return-to-Work Experts[™]

iRelaunch produces career reentry programming, events, and content for employers,

universities, organizations, and individuals. For more information, visit their website at: **www.irelaunch.org**.



United States Office of Personnel Management

The United States Office of Personnel Management (OPM) has developed a website targeted to veterans and military spouses, its Fed Hires Vets website is a one-stop resource for Federal veteran employment information. Visit the website at: **www.fedhiresvets.gov**.

In addition to information about veteran employment, they have a Family Member section with information on preference. OPM has also has a spouse employment



program that gives employers an option to hire spouses from a non-competitive list. For questions concerning their spouse program, visit their website at: <u>www.fedshirevets.gov/hire/hrp/</u> <u>qaspouse/index.aspx</u>.

Tutor.com

Effective Oct. 3, the Assistant Secretary of Defense announced an agreement with Tutor.com focused on the National Guard and Reserve Components. For information regarding resources that are available to all National Guard members and their dependents, visit their website: <u>www.</u> <u>tutor.com/military</u>.

Department of Education The Department of



The Department of Education has a newsletter that is targeted to Military Families. To read their most current newsletters, along

with past editions, visit their website at <u>www.ed.gov/</u> <u>news/newsletters/touchingbase/</u>. You can also subscribe,



unsubscribe, or comment by contacting them via email at: <u>MilitaryContacts@</u> <u>ed.gov</u>. You can view their Military Families and Veterans webpage for more information about Department of Education initiatives at <u>www.ed.gov/</u> <u>veterans-and-military-families</u>.

Congratulations!



to Maj. Angela McDonough, 111th Medical Group, and husband John on the birth of their son, Brennan Francis McDonough, born November 9 at 5:43 p.m. weighing 6 lbs. 13 oz.

Mom and baby are doing well, along with the rest of the family, John and older brother JJ.



On the front cover:

Five foot long spikes are hydraulically driven into the ground to firmly secure each section of the mobile aircraft arresting system (MAAS). Cabling attached to the units crosses the runway's width provide landing aircraft with an emergency braking source. This system shortens the stopping distance of a landing aircraft roll-out to hundreds of feet, instead of thousands.

Photo by Master Sgt. Patrick Cashin, 111th FW Public Affairs

UTA Worship Schedule

Chapel services during the December UTA will be held as follows: Protestant worship will be held at 9 a.m. on Sunday in building 203, room 203. Roman Catholic worship will be held at 10 a.m. on Sunday in building 203, room 203. Please bring your families with you to Chapel!

The Chaplain's Office is located in building 203, room 204-205 on the second floor and can be reached at (215) 443-1534.



Social Media Guidelines for Guardmembers



The "Minuteman Report" highlights news, current events and items of significance within the National Guard.

Statewide News: View newsletters of our sister units:

193rd Special Operations Wing "The Scope" www.193sow.ang.af.mil

171st Air Refueling Wing "Tanker Times" <u>www.171arw.ang.af.mil</u>

Pa. Guardians Magazine http://www.portal.state.pa.us/ portal/server.pt/community/ public_affairs_office/13469 National News: On Guard Magazine Published every Jan., April, July, Oct. <u>http://www.ng.mil/</u> features/onguard-mag/default. aspx

Airman Magazine Published bi-monthly and now available online: <u>www.</u> <u>airmanonline.af.mil</u>

Digital Video & Imagery Distribution System (DVIDS), DOD News www.dvidshub.net



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