

Sandy Hog Gazette

11th Fighter Wing Willow Grove Air Reserve Station Pa Air National Guard

Volume 16 Issue 1

January 2012

Outstanding
Airmen of the
Year
Page 4

Good
times had
at "Happy
Tymes"
holiday
party
Page 6

Meet the Member

Airman 1st Class Brandyn Mowers

by Master Sgt. Christopher Botzum
111th FW Public Affairs

Airman 1st Class Brandyn Mowers is a two year member of the 111th Fighter Wing, assigned to the 270th Engineering Installation Squadron (EIS) performing duties as a radio equipment installer. Mother of Mowers and fellow unit member is Senior Master Sgt. Maureen Santanello, Health Systems Specialist with the 111th Medical Group.

Mowers is in his sophomore year at West Chester University majoring in information technology and planning on minoring in business in the near future. "The educational benefit offered by the Guard was simply too much to pass by," he said as he discussed his primary motivator for enlisting. He began college a mere two weeks after returning from his nine month technical training at Kessler AFB, Mississippi.

He enlisted at the age of 17 with the initial intension of specializing in airfield systems maintenance working on runway support systems such as visual approach slope indicators, runway lighting and radio navigational approach aids. With the mission changes of the unit, he converted his career field to radio equipment installation. "I enjoy my specialty. We sight and spec out various radio systems to meet a particular base's needs," Mowers added.

"As many members of my unit have recently deployed, I was eager to go with them. All the slots were



Photo by Master Sgt. Christopher Botzum

fully manned, but I remained as a volunteer to backfill any shortfalls that may have come about," he said.

His mother, Senior Master Sgt. Maureen Santanello has been with the 111th since 1996. She has served in several areas within the unit since her enlistment. These include: Medical Technician, Headquarter's Administrative Professional and a Personnel Specialist. She has been a staple of the Medical Group in her current position since 2004.

"The most difficult thing that I can remember about my son joining the unit, was missing out on talking to him and seeing him each day," Santanello said. "This was really his first time away from home and I missed all the simple things," she added.

Mowers enjoys the comfortable working atmosphere within his unit. "With the pending deployment of our unit, tending to the many preparatory training requirements became the norm," Mowers said.

111th Fighter Wing Commander
Colonel Anthony Carrelli

Wing Executive Officer
1st Lieutenant Tim McManus

111th Fighter Wing
Pa. Air National Guard
Building 203, Room 250
1051 Fairchild Street
Horsham, PA 19044
Tel: (215) 323-7111

DSN: 358-7111

Fax: (215) 323-7124

Website: www.111fw.ang.af.mil

SANDY HOG STAFF

Public Affairs Officer

1st. Lt. Sean Pearson

Public Affairs Manager

Tech. Sgt. Elisabeth Ann Matulewicz

Public Affairs Journalist

Master Sgt. Christopher Botzum

Photography Section

Tech. Sgt. Alvin Farrow

Tech. Sgt. Marie Harmon

Staff Sgt. Michael Shaffer

The Public Affairs staff can be reached during UTA weekends at (215) 323-7177. For urgent inquiries, contact the 111th FW Wing Executive Officer at (215) 323-7112.

Deadlines for submissions to the February issue of the Sandy Hog Gazette is January 16. E-mail articles and photos for consideration to: pa.111fw@ang.af.mil.

This funded Air Force newspaper is an authorized publication for members of the U.S. military services. Contents of the Sandy Hog Gazette are not necessarily the official views, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Air Force. The editorial content is edited, prepared and provided by the Public Affairs Office of the 111th Fighter Wing.

In the blink of an eye



by Lt. Col. Michael Day
111th Logistics Readiness Squadron

It is amazing to me that in a few short months I will be retiring from the military. It just doesn't seem conceivable that almost 30 years ago I began my military career and now it is drawing to an end.

I decided to join the Navy in 1982 as a sophomore at Penn State. At the time Vietnam was still fresh in our memories and believe me the military was not looked at in the same way as it is today. It was at a high point of the Cold War and Reagan was President. He was determined to build up the military and spend the "Soviets" into oblivion (which eventually succeeded).

At that time my Navy ROTC unit at Penn State was the second largest in the country behind Ohio State. We had over 300 midshipmen in the program at Main Campus. I graduated and got commissioned in May 1984, went to the West Coast for Surface Warfare Officers School and then onto Hawaii to meet my ship. When I got to my ship, I found my fellow officers to be professional and highly dedicated.

It was 1988 and I was looking for a job. I had a friend who, along with several of his family, were members of the 111th and decided to join as well. In 1989, I started a full-time position within the unit. The unit I joined then was so very different than the unit of today. A few of us "old-timers" can tell you many stories from the past. The majority of the non-flying officers were still working on completing their degrees and the enlisted corps were mainly proud blue-collared workers doing the daily grind to provide for their families.

Jump ahead 20 years and you find the members that make up the 111th Fighter Wing to be highly educated, dedicated and motivated. Higher education is now synonymous with our profession. Presently, I have six



Lt. Col. Michael A. Day

individuals working for me that have their master's degrees and more than half have their bachelors. Most of these individuals were able to get their degrees through benefits provided by the military.

BENEFITS PROVIDED BY THE MILITARY. To those of you reading this think about that statement for a while. "Benefits" something that in the civilian sector seem to be rapidly evaporating but in the military of today seem to be ever increasing. Not only the education benefits (which are huge) but think about a retirement pension in your latter years. How many jobs out there can guarantee you a pension for the rest of your life? Now, think about medical benefits (TRICARE). Any idea of the number of people and families that do not have medical insurance? Plus a multitude of other benefits I don't have space here to list.

I know some of you don't see yourselves putting 20+ years into the military and can't even imagine yourself at 50 years old, let alone 60. But believe me when I say that you'll be there in the blink of an eye.

Do yourself a favor and stay with the Air National Guard. I have seen it too many times; members getting out of the military and then lament that decision in later years realizing the benefits that they foolishly threw away. Stay in for your community, your country and not selfishly, for you and your family. You'll meet interesting people, get to travel to far-away places, create memories that few non-military people can even imagine and in the end, have some precious benefits that will follow you and your family members for years into the future.

11th Outstanding Airmen of the Year, 2011



SENIOR NCO OF THE YEAR
MASTER SERGEANT
BRIAN P. CURRY
Training Craftsman

Master Sgt. Brian Curry was born in Sellersville, Pa. and is a graduate of Palisades High School in Kintnersville, Pa. He enlisted in Pennsylvania Air National Guard in 1997 and was assigned to 111th AMXS as a crew chief on the A-10 aircraft.

Master Sgt. Curry deployed in support major overseas operations five times in his career: Al Jaber Air Base Kuwait in 1999, 2001 and 2003 for Operation SOUTHERN WATCH, Operation ENDURING FREEDOM in Afghanistan and Operation IRAQI FREEDOM in Iraq. He deployed to Al Asad Air Base in Iraq in 2007 for Operation IRAQI FREEDOM and then again to Bagram Airfield, Afghanistan in 2008. During the 2007 deployment to Al Asad Air Base, Master Sgt. Curry was one of only four Air Force personnel trained to perform aircraft hot pit refuel operations. He trained all Marine refueling personnel on the base to perform this hazardous operation on the A-10 aircraft. Successful hot pitting functions reduced aircraft turnaround times down by several hours.

During the 2007 and 2008 deployments, he was an integral part of the en route maintenance support team sent to Naval Air Station Sigonella, Italy to transition replacement and returning aircraft into the theatre of operation.

After returning from Bagram AB in 2008, Master Sgt. Curry was selected as the unit training manager for the 201st RED HORSE, Det. 1.

The 201st RED HORSE completed a

Phase 1 and Phase 2 Operational Readiness Inspection in November 2011 despite only being out of conversion status for just over a year. Master Sgt. Curry was part of a critical team of personnel that spent over 30 annual training days at Fort Indian Town Gap, ensuring the ORI would be successful.



NCO OF THE YEAR
TECHNICAL SERGEANT
DAVID G. COSSABOON
Engineering Craftsman

Tech. Sgt. David Cossaboon is an engineering craftsman with the 201st RED HORSE Squadron, Det 1. His enlistment began upon his graduating from West-Mont Christian Academy High School.

Sgt. Cossaboon served four years in the Air Force stationed at Elmendorf Air Force Base, Alaska as an aerospace ground mechanic. During his four year enlistment, he performed two overseas tours. In 2002 he deployed to Prince Sultan Airbase, Saudi Arabia to participate in Operation SOUTHERN WATCH, Operation SCATTER and in support of Operation ENDURING FREEDOM. In 2003 Sgt. Cossaboon volunteered to deploy to Iraq for Operation IRAQI FREEDOM where he augmented to the 820th Security Forces Squadron. While working with the 820th, he provided base security and completed numerous convoys throughout Iraq.

After his four years of active duty, Sgt. Cossaboon joined the Pennsylvania Air National Guard as a member of the 111th Fighter Wing Maintenance Squadron. In 2007, he volunteered to deploy with the

111th Fighter Wing to Al Asad Air Base, Iraq.

Within nine months of his return from Iraq, Sergeant Cossaboon once again deployed, this time to Afghanistan. Later he joined the newly established 201st RED HORSE, Det. 1 where he applied his civilian engineering skills. Upon cross-training Sgt. Cossaboon not only achieved Distinguished and Top Graduate recognition during both Phases of technical training at Fort Leonard Wood, but he has also been a key to the successful stand-up of the new unit.



AIRMAN OF THE YEAR
SENIOR AIRMAN
SCOTT J. DAVIS
Intelligence Analyst

Senior Airman Scott Davis was born in Philadelphia, Pa. He graduated from Northeast High School. He enlisted in the 111th Fighter Wing in February 2008.

While training to become an intelligence analyst, Airman Davis also spent his free-time participating in three leadership roles at the base, as a chaplain liaison, airman leader and as a member of the Drill Team. In September 2009, he attended Kutztown University working towards a bachelor's degree in political science with a minor in international studies and a focus in the Chinese language.

In January 2010 he deployed to Ali Al Salem Air Base, Kuwait in support of Operation ENDURING FREEDOM until June 2010 where he was named the Force Protection Airman of the Month for February 2010.

In January 2011, Senior Airman Davis joined the 111th Fighter Wing Honor Guard and since has participated in numerous colors ceremonies.

Continuing his education, he provided aid to other students as a teaching assistant and tutor in International Relations. In March 2011, Senior Airman Davis attended the Harvard University World Model United Nations Conference in Singapore, representing Cuba in the DISEC and created resolutions to address the issue of International Maritime Piracy.

Senior Airman Davis deployed to Ramstein AB, Germany to participate in a Warrior Planning Cell and trained with the 3rd AF A2 Pol/Mil Team. While training, he created and presented a Commander's Update Briefing to the commander of 3AF A2, Colonel Abel, and was awarded a challenge coin for his accomplishments. In September 2011, Airman Davis transferred to Drexel University and is currently pursuing a bachelor's degree in international studies with a focus in Chinese. He is preparing for a deployment as a Wing Operations Center Intelligence Analyst.



**HONOR GUARD MEMBER
OF THE YEAR
MASTER SERGEANT
MATTHEW S. KAUFFMAN
*Personnel Craftsman***

Master Sgt. Matthew Kauffman was born in Lebanon, Pa. and is a graduate of Grace Christian School High School. He enlisted in the United States Air Force in December 1992 and was assigned to the 12th Fighter Squadron, Kadena Air Base,

Okinawa, Japan.

After completing his four year tour on active duty, he returned to Bethel, Pa. and began a civilian career as a financial advisor with Ameriprise. In 2001, he enlisted with the 111th Fighter Wing. From 2001 to 2008, Sergeant Kauffman was recognized multiple times as part of the weapons load crew of the year. He was also recognized as an outstanding performer in the Operation Readiness Inspection in 2005.

In 2006, Tech. Sgt. Kauffman deployed as the NCOIC of the Security Escort flight at Baghdad International Airport, Sather Air Base Iraq. During his time, he played a key role in saving the life of an NATO soldier who had been shot in his left leg. During this same deployment, Sergeant Kauffman sang the National Anthem at the 9/11 ceremony as well as the grand opening of the DFAC. He would deploy again in 2007 to Al Asad Air Base in Iraq and then to Bagram Airfield in Afghanistan in 2008.

In 2009, he graduated from Harrisburg Area Community College with an associate's degree in business studies. He is currently working on a bachelor's degree in business management.

Master Sgt. Kauffman is involved in numerous activities within his local community: coaching boys youth basketball, teaching Sunday school to junior high students at Mt. Aetna Bible Church, serving as a youth counselor to junior and senior high students at his church and teaching target shooting to boys and girls from ages 5-15 at his local Rod and Gun club.

In 2009, he transferred to State Headquarters. He was instrumental in designing the first annual Hometown Heroes Salute for the State Headquarters. Sgt. Kauffman joined the Honor Guard in 2009 and assisted with over thirty details within a two year period.

**FIRST SERGEANT
OF THE YEAR
MASTER SERGEANT
STEVEN L. MUSCHELLI**

Master Sgt. Steven Muschelli was born in Chester, Pa. and is a graduate of Christian Academy Morton, Pa. He enlisted in the Air Force in Aug. 1990 and was assigned to the



332nd Component Repair Squadron, Shaw AFB, S.C. as an Electronic Warfare Systems (EWS) Technician. After 2 year on active duty, he returned to Norwood, Pa. and enlisted with the 111th Fighter Wing.

In 1995, Master Sgt. Muschelli was deployed as EWS Technician to Prince Sultan AFB. He would deploy there again in and 1999. In 2003, he was again deployed to Southwest Asia in support of Operation IRAQ FREEDOM.

2008, he transferred to the 111th Medical Group as their Unit Training Manager. During that time he was instrumental in the group receiving an "Excellent" in their training section during the groups Health Services Inspection.

In 2008, he transferred to the 111th Mission Support Group as their acting First Sergeant. He graduated the First Sergeants Academy in Dec. and received the CMSAF James C. Binnicker, Top Graduate Award. Within 6 months he transferred to the 270th EIS and remained their First Sergeant until Nov. 2011. He recently transferred to the 111th Security Force Squadron.

Master Sgt. Muschelli is a graduate from Philadelphia University with a bachelor of science in computer science. He started his career as a Software Engineer and is now currently a Computer Scientist for US Army and works as a Project Lead.

Master Sgt. Muschelli is involved in numerous activities in the community and with his employer: a reading coach at Bethany Christian School, teaches children about the benefits of serving in the military, serves as a Science and Technology judge for a conference sponsored through John Hopkins University in Md. and is mentor to three junior government employees working for the US Army.

GOOD TIMES HAD AT "HAPPY TYMES" HOLIDAY PARTY

**Story by Master Sgt.
Chris Botzum
111th FW Public Affairs**

Hundreds of volunteer hours paid big dividends during this year's Wing family holiday event. This was the first year that the event would be held at an off-base location due to availability of facilities on-base.

"In October, we started to explore replacement locations close to the base that would be able to accommodate the large crowd that we knew we'd encounter for the party," said Anna Richar, Airman and Family Readiness Group manager.



First Lt. Samuel Nop brought his wife Daisy and their two daughters, Isabel and Abigail. "This gathering is so nice. You can really see that a lot of hard work by the volunteers went into making this event such a hit," said Lt. Nop. "There are so many things for children of all age groups to have fun with," he added.

"Miles of smiles," said Chief Master Sgt. (Ret.) Jenny Pappas, former Wing member and very active Family Readiness Group volunteer. "We had 850 unit members and their family's registers to attend. Besides the staff of Happy Tymes, we had 40 volunteers assisting throughout the event. Clean-up was a snap," she added.





IN THE LOCAL COMMUNITY



Angel Tree gifts brought to Christ's Home for Children

by Chief Master Sgt. James Finn
111th Security Forces Squadron

On behalf of the 111th Fighter Wing Chiefs Council, a special thanks to all members and former members of the 111th FW and the Family Readiness Group. Thank you all for your kindness.

This year's support for Christ's Home for Children has again been a success and it is all due to the generosity of each of you. This time of year is always tough for some who are barely making it from payday to payday. This year in particular, times are really tough and the men and women of this Wing have shown why we are a close knit family. We take care of business and press on. I am sure the children at Christ's Home will enjoy the holidays because of each and every one of you.

Merry Christmas and have a happy and safe New Year.
-111th FW Chiefs

Tech. Sgt. Alexander Gamble, Senior Master Sgt. Kevin A'Hearn, Senior Master Sgt. Jeffrey Maund, Lt. Col. Richard Frattarelli, Chief Master Sgt. James Finn and Chief Master Sgt. Paul Frisco, Jr. stand beside Amy Neill, Administrative Assistant of Children and Family Programs for Christ's Home for Children, next to several donations Wing members made to the Angel Tree campaign.

Photo by Tech. Sgt. Patrick Geiser,
111th SFS.



Wing hosts annual holiday Lynch Home luncheon

by Chief Master Sgt. Ross Barford

NCOIC Air Operations Group

Photos by Master Sgt. Chris Botzum

December is a time to celebrate the arrival of the holiday season. It is a time of wishing happiness and health to all. It is also a time when 111th Fighter Wing members reach out to those in our community who don't have the opportunities with which many of us are accustomed.

For the past several years we have been honored to host a Christmas dinner for over 50 clients and their caretakers of the

Lynch Homes, a program specializing in the care for developmentally, physically and medically challenged people of all ages. This event, which began through members of the former 913th Air Wing and the attached Aerial Port Squadron is a one day celebration of food, music, gifts and of course, Santa!



This year, the 111th Chiefs Council assumed the sponsorship of the event. Many volunteers participated and generous contributions were received all reaches of the Wing as well as the Air Force

Sergeants Association helped to

make this one of the best celebrations yet.





Photos by Master Sgt. Patrick Cashin

Units of the 111th see changes of command

**By Master Sgt. Christopher Botzum
111th FW Public Affairs**

The Security Forces Squadron and the 201st RED HORSE Squadron, Det. 1 on Dec. 10, formalized new leadership during a long held tradition of a Change of Command ceremony held in the auditorium.

The Security Forces Squadron will now be led by Maj. Christine Munch, former 111th FW Director of Personnel. Munch accepted command from retiring Commander, Lt. Col. Donald Landis.

Landis, a 41 year veteran of military service and 18 year commander of the Security Forces Squadron has served his country in several capacities of his career. Entering the U.S. Air Force in 1971, he was an Aircraft Munitions Specialist. He was deployed initially to South East Asia during the Vietnam War working on F-4s and F-100s. Some of his previous duty stations included: Da Nang AB, Ubon AB in Thailand, Clark AFB in the Philippines and Luke AFB, Az.

In 1975, he joined the Pa. Air National Guard at Willow Grove, where he continued as a Weapons Specialist working on O-2s, A-37s and A-10. Landis subsequently became the Munitions Branch Chief.

In 1986, Landis transferred to the U.S. Navy Reserve and received his commission and served as a logistics officer. Returning to the 111th in 1988, initially as the unit's Missile Safety Officer, he took command of the Security Forces Squadron in 1994.

Munch, during the ceremony, enthusiastically accepted command from Landis looking forward to the new challenges and returning to her military roots.

Upon Munch's initial military service starting in 1985, she was an enlisted Security Specialist member working Law Enforcement while stationed at Langley AFB, Va. While still stationed at Langley, she coss-trained into the Personnel field. In 1993, she joined the Air National Guard first in Alaska. Later, she would transfer to Calif. then onto S.C. where she earned her commission.

Finally, she transferred to the 111th in 2002 and became the Wing Executive Officer. Additionally, Munch has served with the unit as the Force Support Officer and Director of Personnel during very testing times of unit remodeling.

Lt. Col. Richard Frattarelli ascended to command of the 201st RED HORSE Squadron, Det. 1 from the acting Commander, Lt. Col. Geno Rapone.

Frattarelli started his military career in 1990, serving four years in the Navy as a Construction Manager. In 1994, he joined the 111th Fighter Wing initially as the Environmental Manager then later elevated to Deputy of Civil Engineering. In 2003, he took command of the Civil Engineering Squadron.

Rapone, current commander of the 270th EIS, retained command duties of the RED HORSE Squadron to see the unit through its Operational Readiness Inspection completed last month.

NEWS FROM OVERSEAS



Photos by Senior Airman Michael Charles

Airman 1st Class Christian Blaydon (shown left) and Senior Airman Mark Wojdylo (shown above), A67 Engineer and Installation team members deployed from the 270th Engineering Installation Squadron, Pennsylvania Air National Guard, lay down and secure warning tape over sand that covers a newly replaced ground tactical fiber run at an undisclosed location in Southwest Asia on Dec. 19.

Mission essential: Communications key to success

By Senior Airman Michael Charles
379 Air Expeditionary Wing Public Affairs

We've all been there - a thunderstorm knocks out communication lines and life comes to a complete stop. Minutes go by like days as we wait for the network to be repaired, sitting-often literally--in the dark.

Without communications, military orders, threats or even emergency situations may not be conveyed properly. This could result in a failure to accomplish mission objectives.

To mitigate this, reinforcing existing communication lines or establishing new ones on installations throughout Southwest Asia is a mission one group of Airmen aren't afraid to run to ground.

Recently, the A67 Engineer and Installation Team, an arm of the communications staff at the Combined Air and Space Operations Center here, met to do just that. The team of eight Air National Guardsmen quickly replaced an above-ground tactical fiber run, which is a cable that provides connectivity from one section of the base to the other.

The team worked for four days to replace the more than 2,000-foot communications line with a permanent and more secure underground conduit, according to Chief Master Sgt. James Pusey, A67/E&I superintendent deployed from the Pennsylvania ANG.

"The hours are long," said the Westchester, Pa., native. "However, we place the footprint for each installation to grow. Due to our Airmen's work here, this installation will

be able to offer newer and stronger security measures that it wasn't able to offer previously."

The engineer and installation team doesn't just work on established bases--it also plays an important role in establishing new bases.

"When there is a communication requirement for a newly established base they call on us," said Senior Master Sgt. Mark Faucher, A67/E&I team lead. "Each person on our team has different skill sets which helps them to work efficiently and quickly to establish the communication that is needed in order to successfully carry out the military's and our coalition partner's missions."

For these Airmen, speed is important when establishing a new forward operating base. Generally, Airmen from a combat communications squadron will lay a temporary communications framework until the base has become established and secure. If necessary, members of the E & I team then replace the temporary communication lines with permanent ones.

"We are helping people to communicate," said Airman 1st Class Christian Blaydon, a native of Horsham Township, Pa., deployed from the Pennsylvania Air National Guard. "You wouldn't be able to accomplish anything without being able to communicate."

Foucher said he is proud of the work his team has accomplished.

"I've been doing this for over 21 years," said the Philadelphia native. "This is one of the best teams I've had the pleasure of working with. I demand a lot of them and they deliver every time."



Winter driving tips

By Lt. Col. Scott “Spartacus” Hreso
111th FW Chief of Safety

1. Know your route and keep abreast of weather conditions. The Web can be great source of current weather situation. Make a list of Department of Transportation road-condition hotlines and consult them every few hours while you’re on the road. Pay special attention to avalanche conditions along your route, because temporary road closures are common in mountain areas.



2. Drink plenty of water. When the weather is chilly, dehydration might seem unlikely, but according to a study by the Mayo Clinic, as little as a 1-2 percent loss of body weight can lead to fatigue and reduced alertness — both of which can be deadly when you are driving in icy conditions. Carry (and drink) five to six 16-ounce bottles of water per day.



3. Eat enough food. Your body needs more nourishment in cold weather than it does on a balmy summer day. Avoid candy bars and other quick-sugar-release snacks. Sandwiches, fruit or a thermos of hearty stew are much better choices. Carry a day’s worth of high-energy food and water in a warm area of your vehicle in case you are stranded for a few hours.



4. Pack a winter travel safety kit. Include a cell phone, an ice scraper and brush, a tow rope, cat litter (for use as a traction aid), blankets, a good flashlight, a candle, matches, a good book, a portable weather radio and a can of lock de-icer. (Never use hot water on glass or locks — it will refreeze and create a bigger problem.)

5. Slow down. A good rule of thumb is to reduce speed by 50 percent in snowy conditions. Blasting through snowdrifts may look cool in TV advertisements, but it’s way too hard on your vehicle to be worth it.



Equally important: Don’t go too slow. Your car needs momentum to keep moving through snow on grades.

6. Keep a light touch on the controls. Smooth operation is the key to keeping control in slippery situations. Nervousness can lead to a hard clench of the steering wheel, which can result in loss of control. Consciously loosen your grasp or stretch out your fingers from time to time to help prevent that white-knuckled grip.



7. Know how to recover from skids. When braking on a slippery road, it’s all too easy to “lock up” your wheels by stepping on the brakes a little too hard. If you start to skid, steer the vehicle gently in the direction you want the front of your vehicle to go and don’t touch your brakes. This used to be called “turning into the skid,” but tests have shown that drivers often misinterpret these words in real-life situations.



8. Keep your tires in good condition and properly inflated. Cold weather reduces tire pressure, so check and adjust frequently. Tire tread depth should be at least 1/8-inch, and good snow tires with lugs will outperform just about any all-weather tire on the market. Carry (and be able to install) traction-control devices like snow chains whenever you know you’ll be in a snowy area.



9. Make frequent rest stops.



Winter travel is much more fatiguing than summer cruising, so stop every hour or so. Get out, stretch — maybe even make a few snow angels! It takes only five minutes to significantly improve your level of alertness.

10. If you get stuck, stay in your vehicle. Stay warm and wait for assistance. Make sure that your exhaust pipe is clear of any obstructions, including snow and ice; if you don’t, carbon monoxide gas can build up inside the vehicle.

Congratulations!

to Tech. Sgt. LaVonda Lessane,
111th Medical Group, and husband
Darron
on the birth of their daughter,
Xaviah Kendall Lessane,
born December 14 at 1:34 p.m.
weighing 2 lbs. 6 oz.



Follow the National Guard on:



All National Guard
Social Media >>>

Social Media Guidelines
for Guardmembers >>>



The "Minuteman Report" highlights news, current events and items of significance within the National Guard.



National Guard Bureau
Joint Services Support

Your benefits.
Your community.
Your safety net.

Statewide News:

View newsletters of our sister units:

193rd Special Operations Wing
"The Scope"

www.193sow.ang.af.mil

171st Air Refueling Wing
"Tanker Times"

www.171arw.ang.af.mil

Pa. Guardians Magazine

http://www.portal.state.pa.us/portal/server.pt/community/public_affairs_office/13469

National News:

On Guard Magazine

Published every Jan., April, July,

Oct. <http://www.ng.mil/features/onguard-mag/default.aspx>

Airman Magazine

Published bi-monthly and now available online: www.airmanonline.af.mil

Digital Video & Imagery Distribution System (DVIDS), DOD News
www.dvidshub.net

1-800-997-2264

GUARDING AMERICA,
DEFENDING FREEDOM

